

PART A - Project summary

A.1 Project identification

Programme priority	Social inclusion as a precondition of territorial development
Programme priority specific objective	To improve accessibility and efficiency of social services
Project acronym	SUPER
Project title	SUCCESSFUL PSYCHOSOCIAL AND SENSORY REHABILITATION FOR CHILDREN AND ADULTS SUFFERING FROM MENTAL AND BEHAVIORAL DISORDERS
Project number	336
Title of the Lead partner organisation	Palangos asmens sveikatos priežiūros centras
Title of Lead partner organisation (in English)	Palanga Health Care Centre
Project duration	24 months 0 days
Start date	01.12.2018
End date	30.11.2020

A.2 Project summary

Please give a short overview of the project (in the style of a press release) and describe in English, Latvian and Lithuanian language:

- the common challenge of the Programme area you are jointly tackling in your project;
- the overall objective of the project and the expected change your project will make to the current situation;
- the main project outputs you will produce and who will benefit from them;
- the approach you plan to take and why is cross border approach needed;
- what is new/original about it.

"Successful psychological and sensory rehabilitation for children and adults suffering from mental and behavioural disorders" (SUPER)

High daily rhythm, flow of information, stress at work and at school and other biological, psychological and social factors affect the manifestation of mental illnesses or symptomatology. In Lithuania and Latvia, these compound phenomena are extremely common, and statistics show that over a decade, the incidence of mental and behavioral disorders has significantly increased. The project's goal is to improve the accessibility and efficiency of psychosocial and sensory integration rehabilitation services in the Lithuanian-Latvian border region. The project offers new solutions for both countries. During the project a new and innovative methodology and an instrument for sensory integration will be developed. 8 trainings for improving of the competencies of specialists in the basics of neuropsychology and working with new created instrument (in choosing sensory programmes for specific cases) will be organised. Total of 37 specialists will improve their qualification. Also the sensory integration rooms will be installed in the partner institutions: one in Lithuania Sea Museum Dolphin Therapy Center, one in Palanga Health Care Center, two in Latvian Social Welfare Center "Kurzeme" and two in Liepaja Hospital "Piejūras Slimnīca". The administration of Liepaja Hospital "Piejūras Slimnīca" will install one outdoor therapy playground. In total 2023 patients (children and adults suffering from mental and behavioral disorders) will be tested by the trained specialists in newly equipped sensory integration rooms in Lithuania and Latvia. The main project output – the new and innovative sensory integration services - will be available for children and adults suffering from mental and behavioral disorders. Dissemination and sharing of good practice within the program area and beyond its boundaries will be ensured through the partners networking. It's planned that more than 2000 patients of partners institution would benefit from the project results yearly.

"Veiksmīga psihosociālā un sensorā rehabilitācija bērniem un pieaugušajiem, kas cieš no garīgās veselības un uzvedības traucējumiem" (SUPER)

Intensīvs ikdienas ritms, informācijas plūsma, stress darbā un skolā, kā arī citi bioloģiskie, psiholoģiskie un sociālie cēloņi ietekmē garīgo slimību izpausmi. Lietuvā un Latvijā tās ir ārkārtīgi izplatītas, un statistika liecina, ka vairāk nekā desmit gadu laikā garīgo un uzvedības traucējumu biežums ievērojami palielinās. Projekta mērķis ir uzlabot psihosociālo un sensoro integrācijas rehabilitācijas pakalpojumu pieejamību un efektivitāti Lietuvas un Latvijas pierobežā. Projekts piedāvā jaunus risinājumus abām valstīm. Projekta gaitā tiks izstrādāta jauna un novatoriska sensorās rehabilitācijas metodoloģija. Tiks organizētas astoņas mācību programmas speciālistu kompetenču pilnveidošanai neiropsiholoģijā un darbam ar jaunizveidoto instrumentu (apgūstot prasmes izvēlēties sensorās programmas konkrētiem gadījumiem). Kopumā 37 speciālisti uzlabos un pilnveidos patreizējo kvalifikāciju. Partnerinstitūcijās ierīkos sensorās integrācijas telpas: vienu Lietuvas Jūras muzejā Delfīnu terapijas centrā, vienu Palangas veselības aprūpes centrā, divas Latvijas Sociālās labklājības centrā "Kurzeme" un divas Liepājas slimnīcā "Piejūras Slimnīca". Liepājas "Piejūras Slimnīca" ierīkos arī vienu āra terapijas pastaigu laukumu. Kopumā 2023 pacienti- bērni un pieaugušie, kas slimo ar garīgiem un uzvedības traucējumiem, apmācītu speciālistu vadībā moderni aprīkotās sensorās integrācijas telpās Lietuvā un Latvijā saņems jaunu rehabilitācijas pakalpojumu. Projekta galvenie ieguvumi- jauni un inovatīvi sensorās integrācijas rehabilitācijas pakalpojumi, kas būs pieejami bērniem un pieaugušiem, kas cieš no garīgās veselības un uzvedības traucējumiem. Projektā iesaistītās institūcijas nodrošinās savstarpēju labas prakses izplatīšanu un pieredzes apmaiņu, to popularizējot arī ārpus programmas teritorijas robežām. Plānotie rezultāti paredz, ka katru gadu projektā iesaistītajās institūcijās vairāk kā 2000 pacientu saņems jaunu un kvalitatīvu pakalpojumu.

"Sėkminga vaikų ir suaugusiųjų, turinčių psichikos ir elgesio sutrikimų, psichologinė ir sensorinė reabilitacija" (SUPER)

Didelis kasdienis tempas, informacijos srautas, stresas darbe ir mokykloje bei kitos psichologinės ar socialinės priežastys daro įtaką psichikos ligų pasireiškimams. Lietuvoje ir Latvijoje šie reiškiniai itin paplitę, o statistikos duomenys rodo, kad pastarąjį dešimtmetį psichikos ligų ir elgesio sutrikimų tik daugėja. Šio projekto tikslas – gerinti psichosocialinės ir sensorinės integracijos reabilitacijos paslaugų prieinamumą ir efektyvumą Lietuvos ir Latvijos pasienio regione. Jo įgyvendinimo metu bus sukurta nauja sensorinės integracijos metodika ir instrumentas abiem šalims. Siekiant kelti specialistų kvalifikaciją bus suorganizuoti 8 mokymai, kurių metu partnerių institucijų specialistai mokysis naudotis ekspertų parengtu sensorinės integracijos instrumentu. Iš viso bus apmokyti 36 Lietuvos ir Latvijos specialistai. Taip pat projekto partnerių gydymo įstaigose bus įrengti naujoviški sensorinės integracijos kabinetai – vienas VŠĮ Palangos asmens sveikatos priežiūros centre, kitas BĮ Lietuvos jūrų muziejaus Delfinų terapijos centre, du Latvijos socialinės rūpybos centre „Kurzemē" ir du Liepojos ligoninėje „Piejūras slimnīca". Liepojos ligoninės administracija savo teritorijoje įrengs vieną lauko terapijos aikštelę. Projekto metu apmokyti partnerių institucijų specialistai naujai įrengtuose sensorinės integracijos kambariuose naują metodiką išbandys su 2023 pacientais – vaikais ir suaugusiais, sergančiais psichikos ir elgesio sutrikimo ligomis. Bus užtikrinta informacijos sklaida bei pasidalinimas gerąja patirtimi – taip pat ir už programos įgyvendinimo teritorijos ribų. Įgyvendinant projektą bus siekiama, kad pažangios sensorinės integracijos paslaugos būtų prieinamos Lietuvos ir Latvijos vaikams ir suaugusiesiems, sergantiems psichikos ir elgesio sutrikimo ligomis. Planuojama, kad kasmet šiomis paslaugomis pasinaudos daugiau nei 2000 pacientų.

A.3 Project budget summary

ERDF

Project partner			ERDF co-financing, EUR			National co-financing			Total Eligible Budget
Partner	Partner Abbreviation	Country	ERDF	ERDF co-financing rate	Percentage Of Total ERDF	Public co-financing	Private co-financing	Total co-financing	
Palangos asmens sveikatos priežiūros centras	LP_1	LIETUVA	167 254.55	85.00 %	30.22 %	29 515.51	0.00	29 515.51	196 770.06
Kurzeme	PP_2	LATVIJA	87 966.53	85.00 %	15.89 %	15 523.51	0.00	15 523.51	103 490.04
Lietuvos jūrų muziejus	PP_3	LIETUVA	113 051.87	85.00 %	20.42 %	19 950.33	0.00	19 950.33	133 002.20
Piejūras slimnīca	PP_4	LATVIJA	185 227.02	85.00 %	33.46 %	32 687.13	0.00	32 687.13	217 914.15
Sub Total For Partners Inside			553 499.97	---	100.00 %	97 676.48	0.00	97 676.48	651 176.45
Sub Total For Partners Outside			0.00	---	0.00 %	0.00	0.00	0.00	0.00
Total			553 499.97	---	100.00 %	97 676.48	0.00	97 676.48	651 176.45

A.4 Project main outputs

Project main outputs Overview table on project outputs as defined in the work plan					
Programme output indicators	Project output indicator targets	Measurement Unit	Project main output quantification (target)	Project main output code	Project main output (title)
Created/improved social inclusion measures	5.00	Number	1.00	T1.1.1	RehaCom cognitive therapy instrument
			4.00	T1.2.1	Sensory integration
			0.00	I1.1.1	Infrastructure for sensory integration therapy

PART B - Project partners

B.1 Project Partner

Project partner 1

Partner Role In The Project	LP
Partner Name	Palangos asmens sveikatos priežiūros centras
Partner Name English	Palanga Health Care Centre
Abbreviation	LP_1
Department	N/A
Nuts Id0	LT, LIETUVA
Nuts Id1	LTO, Lietuva
Nuts Id2	LT00, Lietuva
Nuts Id3	LT003, Klaipėdos apskritis
Postal code, city	00132 Palanga
Street number	Vytauto 92
Home Page	www.palangospoliklinika.lt
Vat Number	LT526767515
Recover Vat	no
Other National Identifying Number	
Type of Identifying Number	
Legal status of the project partner	Public equivalent body
Programme co-financing source	ERDF
Co-financing rate	85.00
National co-financing source	public
Authorised Representative Firstname	Jūratė
Authorised Representative Lastname	Mikutienė
Authorised Representative Email	palangospaspc@gmail.com
Authorised Representative Telephone	+37046056231
Contact Person Firstname	Renata
Contact Person Lastname	Bertužytė
Contact Person Email	paspc.vp@gmail.com
Contact Person Telephone	+37065636900

<p>Experiences Of Partner Which are the organisation's thematic competences and experiences relevant for the project? What is the role and specific contribution of the partner in the project?</p>	<p>PI Palanga Health Care Centre commenced operations in 1997. The founder of the Health Care Centre was Palanga Municipality. The mission of the Health Care Centre is to provide accessible, safe, and competent health care services to patients of all ages and social groups. In accordance with the data of the early 2016, 7,688 patients were registered at the Centre (i.e., over 50% of the Palanga population). Mental health care is one of the services provided by Palanga Mental Health Centre, established at the Health Care Centre in 2004 and presently boasting 7,868 registered patients. The Mental Health Centre employs 5 competent professionals with extensive experience: 2 psychiatrists, 1 psychologist, 1 mental health nurse, and 1 social worker. Increasing access to mental health services is especially relevant to the city, as since 2010, the overall incidence of nervous system diseases and mental and behavioural disorders has been increasing. It is important to note that in 2013, the mental and behavioural disorder incidence rate (35) among the population of Palanga city exceeded that of Klaipėda County (30,4) and Lithuania (29,5). In accordance with the data of Palanga Mental Health Centre, in 2015, psychiatrists were visited by 2,639 patients, given the fact that the psychiatrists were employed for 0, 25 FTE. In terms of age, the patients of the Mental Health Centre are individuals starting with the age of 16. The principal diseases of the Palanga population include depression (working-age patients), dementia (retirement age), and schizophrenia. Palanga Health Care Centre is the project Lead Partner. The staff of Lead partner also have extensive experience in the field of administration, implementation, and co-ordination of large-scale infrastructural and social projects.</p>
<p>Benefit What is the benefit for the ORGANISATION from participating in the project?</p>	<p>The benefit for Palanga health care centre from participation in the project includes: 1. Lead partner's experience in planning, designing, management, and promotion of joint projects; 2. Establishment of the knowledge and experience exchange and identification of good practices and solutions from project partners; 3. An expanded range of services provided by Palanga Health Care Centre (the introduction of new and innovative therapies); 4. Professional development of the staff; 5. Improved accessibility to health care services for social groups that previously could not obtain those services; 6. An improved infrastructure of the medical institution: equipped with a lift for the disabled, an innovative sensory integration room, etc.; 7. Acquisition of innovative rehabilitation equipment.</p>
<p>Other International Projects If applicable, describe the organisation's experience in participating in and/or managing EU co-financed projects or other international projects.</p>	<p>Palanga Health Care Centre has carried out three EU co-financed projects: 1. PI Palanga Primary Healthcare Centre Modernisation and Service Quality Improvement (BPD2004-ERPF-1.4.0-03-05/0049-04, 2006-2009). During the project implementation, family doctors' offices were updated, medical and computer equipment and furniture was purchased, as well as a car to reach patients living farther away. 2. Project PLIUS for the professional development of the staff of health care services (VP1-1.1-SADM-06-K-01-072, 2009-2011). During the project implementation, the staff developed professionally and improved their professional knowledge and abilities. The project contributed to the provision of local residents and tourists with better and more extensive services. 3. Development of E-health services in Klaipėda Region health care institutions (VP2-3.1-IVPK-11-V-01-003, 2013-2016). The outcome of the project is the provision of Palanga residents and patients with timely quality health care services by means of contemporary information-communication technologies. Palanga Health Care Centre that provides health care services was enabled to collaborate and securely exchange information with other regional health care institutions by e-means. During the project, a collaboration-level interactive e-service was created: Accumulation, Storage, and Presentation of Patient Medical Health History Data to Patients and Specialists of Health Care Institutions by Electronic Means.</p>

B.2 Project Partner

Project partner 2

Partner Role In The Project	PP
Partner Name	Kurzeme
Partner Name English	Kurzeme
Abbreviation	PP_2
Department	N/A
Nuts Id0	LV, LATVIJA
Nuts Id1	LV0, Latvija
Nuts Id2	LV00, Latvija
Nuts Id3	LV003, Kurzeme
Postal code, city	LV-3430 "Ilģi", Grobiņas pagasts, Grobiņas novads
Street number	- -
Home Page	www.vsackurzeme.gov.lv
Vat Number	LV90000063880
Recover Vat	no
Other National Identifying Number	
Type of Identifying Number	
Legal status of the project partner	Public equivalent body
Programme co-financing source	ERDF
Co-financing rate	85.00
National co-financing source	public
Authorised Representative Firstname	Visvaldis
Authorised Representative Lastname	Gūtmanis
Authorised Representative Email	vsackurzeme@vsackurzeme.gov.lv
Authorised Representative Telephone	+37129211936
Contact Person Firstname	Mārtiņš
Contact Person Lastname	Grīnbergs
Contact Person Email	martins.grinbergs@vsackurzeme.gov.lv
Contact Person Telephone	+37125644166
Experiences Of Partner Which are the organisation's thematic competences and experiences relevant for the project? What is the role and specific contribution of the partner in the project?	SSCC "Kurzeme" with its 6 branches is the only institution in Kurzeme county which takes care of people who suffer from mental disorders. By 1st of January, 2016 in SSCC "Kurzeme" were 737 clients - 678 adults and 59 children - who suffer from various mental and/or functional disorders. After managing to considerably raise the bar of social care quality after a couple of EU projects, SSCC "Kurzeme" is actively improving its methodology and having success with both the clients' rehabilitation and integration in society through various activities and lessons on the norms and customs of the society. One of the main objectives of SSCC "Kurzeme" is a successful clients' integration in the society which can be improved by various means. SSCC "Kurzeme" is contributing to this project in order to improve the experience and competence of social care not only in the institution, but in the whole county. The contribution of SSCC "Kurzeme" in this project is the actual creation of a sensory room which would considerably improve the ability of clients' integration in the society. The centre would be the responsible player of both constructing the therapeutic room and maintaining its course after the project would be concluded. By constructing the sensory room in SSCC "Kurzeme" the quality of social care of people who suffer from mental and functional disorders would improve in the whole Kurzeme county (Kurzemes novads).

<p>Benefit What is the benefit for the ORGANISATION from participating in the project?</p>	<p>The ability of creating a new service – sensory room –, which would be used both by the clients of SSCC “Kurzeme” and the population of Kurzeme county (Kurzemes novads). By adding this one service the quality of SSCC “Kurzeme” social care would considerably improve. Which in turn would improve the overall quality of social care of people with mental and functional disorders in whole Kurzeme county. It has been proved that multi sensory environment boosts and improves the development of thought, intelligence and social skills. All of which are crucial for SSCC "Kurzeme" clients in order to happily live in the society. Based on the experience of partners in Lithuania time spent in a sensory room has been shown to improve mobilization, creativity, alertness, attention and general awareness of the surrounding world. The optical, acoustic and tactile stimuli would help the clients concentrate and focus better.</p>
<p>Other International Projects If applicable, describe the organisation’s experience in participating in and/or managing EU co-financed projects or other international projects.</p>	<p>Projects in which SSCC “Kurzeme” has participated from 2010 til 2016: • “The improvement of existing services and creating new one in order to work with people with functional disorders in SSCC “Kurzeme” branches”. („Esošo pakalpojumu pilnveidošana un jauna attīstīšana darbam ar personām ar funkcionāliem traucējumiem VSAC „Kurzeme” filiālēs” - during this project SSCC “Kurzeme” upgraded the quality of social care in all of its branches. A methodology was created in order to be able to work with people with mental disorders who could be integrated in society). • “The improvement of social service infrastructure and development in Kurzeme county” („Sociālo pakalpojumu infrastruktūras un pakalpojumu attīstīšana Kurzemes reģionā”. During the project an improvement of infrastructure and service in SSCC “Kurzeme” branches “Iļģi” and “Aizvīķi” was made. During the project both of the branches were reconstructed, accessibility of the environment was improved. The rooms of “Iļģi” were furnished, but “Aizvīķi” got new kitchen technological equipment. In the reconstructed rooms clients of SSCC “Kurzeme” are able to acquire skills which help better integrating in society). During these projects SSCC “Kurzeme” has improved the methodology of working with people who suffer mental disorders and has managed not only in making plans for the clients’ integration in society, but has actually succeeded in it. These projects were written and coordinated with the help of Kristiāns Godiņš, who had worked in SSCC “Kurzeme” as the manager of ERAF projects. SSCC “Kurzeme” as an institution has a considerable experience in participating in EU projects, but at the moment we lack a professional with the know-how of writing them.</p>

Project partner 3

Partner Role In The Project	PP
Partner Name	Lietuvos jūrų muziejus
Partner Name English	Lithuanian Sea Museum
Abbreviation	PP_3
Department	N/A
Nuts Id0	LT, LIETUVA
Nuts Id1	LT0, Lietuva
Nuts Id2	LT00, Lietuva
Nuts Id3	LT003, Klaipėdos apskritis
Postal code, city	LT-93100 Klaipėda
Street number	Smiltynės 3
Home Page	www.muziejus.lt
Vat Number	LT904646917
Recover Vat	no
Other National Identifying Number	
Type of Identifying Number	
Legal status of the project partner	Public equivalent body
Programme co-financing source	ERDF

Co-financing rate	85.00
National co-financing source	public
Authorised Representative Firstname	Olga
Authorised Representative Lastname	Žalienne
Authorised Representative Email	o.zaliene@muziejus.lt
Authorised Representative Telephone	+370 671 66693
Contact Person Firstname	Mindaugas
Contact Person Lastname	Gudelis
Contact Person Email	m.gudelis@muziejus.lt
Contact Person Telephone	+370 659 19161
<p>Experiences Of Partner Which are the organisation's thematic competences and experiences relevant for the project? What is the role and specific contribution of the partner in the project?</p>	<p>Lithuanian Sea Museum is a governmental organization and have provided dolphin assisted therapy for people with special needs since 2001. From 2003 to 2006, collaborating with Klaipėda Seamen's Hospital and Klaipėda University, we launched biomedical research to investigate the impact of dolphin assisted therapy for children with autism. From 2007 to 2011 we investigated the reactions of families' raising children with severe cerebral palsy to dolphin assisted therapy. Each year, collaborating with NGOs, Klaipėda University and Klaipėda Seamen's Hospital, we organise animal assisted therapeutic activities for people with various disabilities. Dolphin assisted therapy is science-based with a health-orientation. The methodology was created after the first scientific research in collaboration with variety of professionals: social workers, doctors, a rehabilitologist, a psychiatrist and a psychologist. Specialists working with children and adults are: dolphin trainer, social worker, psychologist and physiotherapist. An individual programme is constructed for each participant based on their personal needs. In 2015 Dolphinarium has been reconstructed and Dolphin Therapy center was established, which provides complex of therapies for disabled children and for their families. This center is very popular and has queue of patients for 3 years ahead. Thematic competences and expertise: 1. Knowledge and practical experience in consulting, providing different therapy methods. 2. Three DAT (Dolphin Assisted Therapy) center specialists have diploma in Sherborne movement therapy which is the practical basis for understanding body movement in space for sensory integration application. 3. Two of DAT center specialists listened a neuropsychology course of sensory integration and applies methods in practics. 4. Sensory stimulation room is already installed by own financial input (55 000 Eur).</p>
<p>Benefit What is the benefit for the ORGANISATION from participating in the project?</p>	<p>Lithuanian Sea Museum benefits in two ways. First, Museum will expand area of interest by working with professionals from healthcare sector. It will allow Museum to test methods and to collect data, which is very valuable for future health services. Second, Museum will benefit by buying equipment for Sensory Integration room. This equipment is expensive, so this project gives opportunities to expand social services by purchasing needed equipment.</p>

<p>Other International Projects</p> <p>If applicable, describe the organisation's experience in participating in and/or managing EU co-financed projects or other international projects.</p>	<p>Lithuanian Sea Museum has vast experience in organizing and implementing projects. 3 recent projects are very close to rehabilitation issues, which are addressed by this application: 1. Pet Assisted Therapy (PAT). Learning With Them (Grundtvig Learning Partnerships 2013-2015). This project involved organisations from seven European Union countries who, as a learning partnership, shared the experiences and tools developed in each partner organisation, to support the use of animal assisted therapy with people with diverse needs and disabilities. All partners involve animals in therapeutic intervention although some partners have more significant and structured programmes than others. We all recognize that involving animals can be a valuable element of the services we provide and we hope that by sharing it with others, we will encourage the spread of interesting and rewarding animal assisted therapies. Project was very successful, so we have made the results available to as many people as possible, through web-based www.grundtvigpat1.jimdo.com and regular dissemination channels such as meetings, information and memo releases, press releases and events. Sharing learning across the project has brought and will continue to bring benefits to people with disabilities who are in need of effective support to help reduce isolation and support development and active citizenship. 2. Dolphin therapy center employees' knowledge and skill development (Erasmus+ KA1, 2015-2016). During the project employees from newly established Dolphin therapy center where trained for 5 new (in Lithuania) and very important techniques: Watsu/Tantsu, OIVA, Sherborne, TEACCH, Sensory Integration. Also one job shadowing was carried out in ZooMarine (Portugal), which is famous for animals and humans wellness interaction. Project gave a huge impact on employees competences and possibility to expand services. 3. Dolphinarium reconstruction (EU Structural funds 2007 - 2013). Although this project is</p>
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Project partner 4

Partner Role In The Project	PP
Partner Name	Piejūras slimnīca
Partner Name English	Seaside Hospital
Abbreviation	PP_4
Department	N/A
Nuts Id0	LV, LATVIJA
Nuts Id1	LV0, Latvija
Nuts Id2	LV00, Latvija
Nuts Id3	LV003, Kurzeme
Postal code, city	LV-3416 Liepāja
Street number	Jūrmalas iela 2
Home Page	
Vat Number	
Recover Vat	no
Other National Identifying Number	
Type of Identifying Number	
Legal status of the project partner	Public equivalent body
Programme co-financing source	ERDF
Co-financing rate	85.00
National co-financing source	public
Authorised Representative Firstname	Aigars
Authorised Representative Lastname	Puks
Authorised Representative Email	aigars.puks@lps.gov.lv
Authorised Representative Telephone	+37129218023
Contact Person Firstname	Dace
Contact Person Lastname	Gruntmane

Contact Person Email	piejurass@gmail.com
Contact Person Telephone	+37129468757
Experiences Of Partner Which are the organisation's thematic competences and experiences relevant for the project? What is the role and specific contribution of the partner in the project?	Piejūras slimnīca is a certificated health care institution which provides specialized outpatient and stationary services in oncology, hematology and psychiatry for the inhabitants of Kurzeme Region. Piejūras slimnīca was developed in the Aug 29, 2005, by combining VSIA "Liepājas Onkoloģijas slimnīca" and VAS "Liepājas psihoneiroloģiskā slimnīca". Piejūras slimnīca is also registred as a social service provider in the Register of Social Service Providers in the Ministry of Welfare of Latvia. In 2015 there were 1807 inpatient psychiatric patients in Piejūras slimnīca, from which 172 were children. 1102 patients or more then 2/3 from all patients were brought into the hospital as emergency cases, which shows that people don't turn for the help from the moment of the first symptoms but waits until it's too late and they need an emergency care. In outpatient care there were 8179 patients in 2015, 464 of them were children. Number of psychiatric patients is increasing each year. That's why it is very important to improve and enlarge inpatient and outpatient amount of psychiatric care, alternative therapy methods and multi-profesional approach. Piejūras slimnīca provides psychiatric care not only to Liepaja but to the whole Kurzeme region. Now this care mainly is provided by medication therapy which is covered from the government's budget and some paramedical activities covered from the institutions budget (occupational therapy, music therapy, movement therapy). But it's insufficient in order to provide an optimal and multidisciplinary psychiatric care appropriate to EU standards and to the best practices of world which include psychosocial rehabilitation, social integration, de-stigmatization and antidiscrimination activities. As main service provider for psychiatric care in Kurzeme, Piejūras slimnīca will implement inovative service of sensory rehabilitation.
Benefit What is the benefit for the ORGANISATION from participating in the project?	The main benefit of the project is a new social service for people with mental and behavioral disorders. It is planned to implement a new and effective psychosocial and sensory rehabilitation programme for children and adults and to train the necessary specialists. Also during the project work and results of sensory rehabilitation will be evaluated thus providing case studies for the use of alternative therapy in the prevention and treatment of mental and conduct (behavioral) illneses. The developed service will be provided free of charge for patients with mental and conduct (behavioral) disorders during the project and also after that.
Other International Projects If applicable, describe the organisation's experience in participating in and/or managing EU co-financed projects or other international projects.	In Aug, 2011, a EU funded project "Improvement of Stationary Health Care in the Psychiatric Clinic of Governmental Ltd. "Seaside Hospital" by Raising Quality of Health Care Services and Cost Efficiency" was started. It was successfully implemented by Sep 30, 2013). Total costs of the Project LVL 1 334 717,97 or EUR 1798811,10, including 84,27% (LVL 1123965,99) from ERDF and 15.79% (LVL 210 751,98) from private finances. Main tasks were to improve infrastructure in order to provide modern environment for treatment of patient, to improve safety of patient and personnel, to improve accessibility for people with movement disabilities.

PART C - Project description

C.1 Project relevance

C.1.1 What are the common territorial challenges that will be tackled by the project? The project should address common territorial challenges in the substantial part of Programme area (e.g. on region level not only county level) or joint potential of the Programme area - there is a real demand for the project (also by the target groups and stakeholder). The justification shall be supplemented with a proper and concrete facts and statistics explaining and proving the territorial challenge and the need for the project.

Lithuania and Latvia are leaders among the EU states by the number of suicides, and their violence-related indicators are high: murder, violence crime, bullying among children, and "juvnescent" crime. In case of adults, mood disorders are registered, schizophrenia, delirium and schizotypal disorder, and organic and symptomatic mental disorders. Among the children, that is the principal reason for the diagnosed disability. The territorial coverage of the project was chosen not accidentally, but due to the exclusively high incidence statistics in those particular regions. In accordance with the data of the Hygiene Institute, by the statistics of the incidence of mental and behavioural disorders per 1,000 people, Klaipėda Region is a leader. As shows data from the Centre for Disease Prevention and Control (CDPC) of Latvia incidence of mental diseases is increasingly growing since 2012. Such situation bring to the light that mental health issues are not tackled systemically and professionally. At the moment the biggest issue lies in the holistic understanding of mental health and application of combined methods. As early as in the original Republic of Lithuania and Latvia Law on Health System, a holistic approach to the conception of health was laid out which was formulated based on the World Health Organisation's expanded understanding of health with the focus not only on the physical, but also on the spiritual health and social wellbeing. Currently, the said conception of health has gained an even clearer social conception which reflects the public interest of the society: the discussion covers the relationship of the health and economic productivity, the formation of the exclusion situation, and the understanding of the quality of life and the general human wellbeing. Almost all of these illnesses can be: 1) either successfully treated and prevented by timely and properly offered assistance or 2) successfully tackled for prolonging and/or assisting person with such disability to participate into labour market and increase successful and active participation in social life.

The project focuses on the basic development of the holistic health in the field of mental and behavioural disorders: the use of medication and sensory integration in rehabilitation centres. Currently, both in Lithuania and Latvia a worrying has been noted: the creation of multi-sensory rooms for entertainment. Often they are developed by people having no special education or knowledge, and their use fails to essentially comply with the principles of sensory integration that are based on the science of neuropsychology. The employment of neuropsychological methods for entertainment substantially devalues the creation of that kind of rooms in medical institutions.

To date, a scientific discourse has already been created in the EU member states which suggests that the use of medicines simultaneously with an appropriately developed programme of sensory integration is a very effective method when applied to people with mental and behavioural disorders. The method is also one of the most effective in a psychosocial sense, when the social elements are re-established (eye contact, appropriate response, self-regulation, skills), and better prerequisites for the return to the community are created.

C.1.2 How does the project tackle the identified common challenges and/or opportunities and what is new about the **approach** the project takes?

Please describe new solutions that will be developed during the project and/or existing solutions that will be adopted and implemented during the project lifetime and in what way the approach goes beyond existing practice in the sector/Programme area/participating countries.

This project synchronically corresponds the top issues named by the governments of Lithuania and Latvia to tackle in the nearest future, therefore, it suggest new approach to mental health issues: 1) in application of holistic approach in rehabilitation; 2) in application of sensory integration method which is evidence-based practice in European countries for mental health issues. It is very important that the new solutions are suggested by the project implementators are not requiring a creation of new setting or high resource demands. The concept will be implemented in now existing and working setting which requires support for practical holistic implementation.

The project is intended to take new decisions in both Lithuania and Latvia:

- to develop a method for the evaluation of sensory integration disorders in the Latvian and Lithuanian languages for professionals working with children and adults suffering from mental and behavioural disorders;
- to develop an instrument in accordance with neuropsychological symptoms to be used in rehabilitation centres by professionals planning to apply sensory integration;
- to adopt and apply the new RehaCom cognitive therapy in order to enhance the results of the sensory integration therapy.
- to purchase an innovative rehabilitation equipment;
- to improve the competences of professionals providing health care services. The staff of the Dolphin-Assisted Therapy Centre of the Lithuanian Sea Museum will share best practices of work with groups in sensory integration therapy rooms.

The project is significant both on the regional and national scale, and it is especially meaningful in the context of the European statistics of mental and behavioural disorders and the outcomes of treatment of such diseases. The issue is a top priority in Lithuania and Latvia and was included in the governmental programmes. The established network and partnership between the Latvian and Lithuanian project participants will ensure information dissemination and the sharing of best practices both in the territory of the project and beyond.

Other European countries applying broadened perception in mental health issues and holistic approaches in treatment has better result in social measures: less suicide cases, more people with mental health are involved in labor market.

C.1.3 Why is **cross border cooperation** needed to achieve the project's objectives and results?

Please explain why the cross-border cooperation is essential for tackling common territorial challenges and the cooperation has a significant added value for the project partners, target groups, project area and Programme area.

Long-term collaboration, meetings, study visits, and statistics proved that the project partner organisations face the same problems which are neither specific nor exclusive for the local area, region, or country. In both countries, patients have the same mental illnesses and behavioural disorders. However, in the project coverage area, a higher incidence rate is recorded in the field of mental and behavioural disorders. That shows the unquestionable relevance of simultaneous regional implementation of innovative methods and application of neuropsychological methods, widely employed in the better developed EU member states for the improvement of patients' health.

It is interesting to note that the statistics in the cross border area is similar. The cross-border patient mobility is regular, as laid out in Directive 2011/24/EU of the European Parliament and the Council. Thus, e.g., the Centre of the Dolphin-Assisted Therapy that practices complementary and alternative methods (including sensory integration) started work in Klaipėda (Lithuania) two years ago. By the present time, about 70 groups of professionals have already attended the Centre for methodological visits and consultations, and about 80 patients from the project region in Latvia have visited it for holistic therapy, including sensory integration. Unfortunately, with its present resources, the Centre cannot receive a bigger number of interested professionals and families. Therefore, the project objectives cannot be efficiently achieved by acting only at the local, regional, or national level. The project partners enjoy the following benefits: the development of cross-border collaboration of health care centres; the establishment of the best practices sharing system among health care centres and local/ regional administrations with the opportunity of participating in joint external activities; the development of new methodologies and methodological aids; the application of new therapies, instruments, and methods in health care centres; improved working conditions; the raised qualification and improved competences of health care centre professionals, etc. During the project and after the project implementation, the accessibility to health care services and their variety will increase in the project target groups. For the health care system of the project area and the Programme area, a new methodology and a testing instrument will be developed, to be also applied by other health care services providing institutions.

C.1.4 Please select at least three cooperation criteria that apply to the project.

Cooperation criteria	Description
Joint Development	X The application has been prepared as well as the budget for the action has been formed and the basic decisions have been made jointly by the partner organizations. Partners clearly understand of the project's objective and contribute to the achievement of its results.
Joint Implementation	X The partner organizations will implement jointly the project, altogether will participate in the management, coordination and implementation of various activities. For the aforementioned reason Project management model has been established according to the internationally recognized instrument PRINCE2 . Three different levels will be established: 1. Directing - Project Board; 2. Managing - Project Management group (PMG); 3. Delivering - Project Delivery group (PDG).
Joint Staffing	X The project will be implemented by the joint staff of the project management groups which would have delegates from all partner organizations. These delegates are going to work jointly in order to achieve the clarity and efficiency in the action implementation.
Joint Financing	X All project partners' budgets together form the joint budget for the whole project. The project will be financed jointly. Lead partner organization and Partner organizations will contribute their part in co-financing of the eligible and ineligible (in such cases if it would happen) expenses of the action.

C.2 Project focus

C.2.1 Project objectives and expected results

Programme priority specific objective

Project overall objective

What is the overall objective of the project and how does it link to the Programme objective? Specify one project main objective and describe its contribution to the Programme priority specific objective.

The overall objective of the project is: to develop evidence-based holistic sensory integration method in mental health synchronized together with methods of conventional medicine and improve social measures of vulnerable groups. This overall objective links to the programme objective "To improve accessibility and efficiency" and contributes to the Programme priority "Social inclusion as a precondition of territorial development" because: 1) Application of holistic approach in everyday practice in mental health setting. Widening scope of applied methods allow to evaluate person with mental health specific issues in sensory systems and apply evidence based non-invasive methods by occupational specialist or other professional. 2) Monitor, organize preventive checking and raise society awareness about symptoms of mental health. 3) Appliance of innovative methods such as social integration allow to follow European mental health practice and use best practices for territorial development

Programme result indicator

Select one programme result indicator your project will contribute to.

Number of people benefiting from more accessible, efficient social inclusion measures and social services

Expected Project Results

<p>What is/are the project main results and how do they link to the programme result indicator? Specify your one or more projects main results and describe their contribution to the programme result indicator.</p>
<p>There are 3 expected project results that are directly linked to programme result indicator: - 2023 patients will be tested according to new methodology during the project; - 37 staff will receive training's to work with Sensory integration methods and techniques; - 4 institutions, providing social inclusion measures, will expand their regular services with modern approach. After the end of the project 4 institutions will carry on providing social inclusion measures for their patients using the project outputs (methodology, instrument, equipment, etc.), so number of people benefiting from more accessible, efficient social inclusion measures and social services will be more than 10.000 in 5 years. Due to the recent research (Self-stigma, empowerment and perceived discrimination among people with schizophrenia in 14 European countries: the GAMIAN-Europe study), people suffering from mental health are the most stigmatized in the society therefore it is expected that this project will also change social representations of society towards existing issue Through project activities, the lack of regular and equal access to health care will be reduced. During the project, new and innovative holistic evidence-based health care services will be developed to improve their accessibility not only for the current patients, but also for social groups that previously could not obtain those services. Moreover, integration of vulnerable groups (children and adults with mental and behavioral disorders) into education and labor market will be facilitated.</p>

Project Specific Objectives

<p>Which are the specific objectives the project will be working towards? Define max. 3 project specific objectives.</p>	
<p>Title of specific objective</p>	<p>Explanation of the project specific objective (how it will be achieved and how it will contribute to the achievement of overall project objective).</p>
<p>To create holistic evidence-based psychosocial and sensory rehabilitation program in mental health and establish infrastructure tailoring needs of cross border target groups</p>	<p>To create holistic evidence-based psychosocial and sensory rehabilitation program in mental health and establish infrastructure tailoring needs of cross border target groups: The objective will be achieved by the implementation of the following activities: developing of a methodology for the evaluation of sensory integration disorders; developing an instrument in accordance with neuropsychological symptoms to be used in rehabilitation centres by professionals planning to apply sensory integration; adopting and applying the new RehaCom cognitive therapy in order to enhance the results of the sensory integration therapy; establishing the infrastructure and equipping 6 sensory integration rooms and 1 outdoor therapy playground oriented towards the improvement of the state of patients with mental and behavioral disorders. Upon achieving the objective, the background shall be established for improving social inclusion measures in cross border area.</p>
<p>To foster the collaborative usage of new advanced and innovative methods synchronically with conventional medicine in cross border area</p>	<p>To foster the collaborative usage of new advanced and innovative methods synchronically with conventional medicine in cross border area: The objective will be achieved by the implementation of the following activities: improving the competencies of specialists in the basics of neuropsychology and advising them in choosing sensory programmes for specific cases; pilot testing and verification of psychosocial and sensory rehabilitation programmes in the cross border area. The achievement of the objectives shall improve social inclusion measures in the cross border area.</p>

C.2.2 Durability of project main outputs

How will the project ensure that project main outputs and results have a lasting effect beyond project duration?
Please describe concrete measures (including institutional structures, financial resources etc.) taken during and after project implementation to ensure and/or strengthen the durability of the project main outputs and results. If relevant, explain who will be responsible and/or who will be the owner of results and project main outputs.

The outcome created during the project will have a long-term impact, as both during the project and after it, the professionals of the project partners shall continue to use the therapies, developed and implemented in the health care institutions. The network created between the project partners during the project enabled the improvement of the health care specialist competences and resulted in enhanced partnerships between local government institutions, whose willing collaboration and support greatly contributed to the achievement of significant results in the project programme area. As a result, the local governments shall ensure further dissemination of the project outcomes and sharing of best practices with other health care institutions in the programme area. Further funding of the maintenance of the project results is possible through programmes and initiatives implemented by local government institutions. An important factor of the durability of the project main outputs and results is the fact that the project partners are the owners of the project main outputs, they are, and shall further be, responsible for the project results and main outputs also after the implementation of the project. Moreover, new continuous projects are planned between the partners. All services developed within the project will be provided for the target group free of charge. Considering that receivers of the service generally are vulnerable group it is not planned to get revenue from the service after the project's implementation and all services will be provided free charge for the patients at least 5 years after the end of project. Specialists which will be trained will continue to work in the hospital and will receive their salaries from the budget of the hospital. Two Project's main outputs - RehaCom cognitive therapy instrument and Sensory integration will be continued after the end of the Project regularly.

C.3 Project context

C.3.1 How does the project contribute to the wider strategies and policies?
Please describe the project's contribution to national/regional/local strategies and policies, in particular those concerning the project or Programme area.

The project will contribute to the implementation of national, regional, and local Lithuanian and Latvian strategies and policies. Lithuanian National Public Health 2016–2023 Development Programme, approved by Resolution No. 1291, 9 December 2015, of the Republic of Lithuania Government. The first aim of the programme is to promote physical and mental health: to form a healthy lifestyle and its culture. Order No. V-817, 16 July 2014, of the Republic of Lithuania Minister of Health, On Approval of the Guidelines for the Promotion of Children and Adolescent Mental Health, defines the trends of children and adolescent mental health care and the activities to implement them and emphasises the importance of the implementation of the most effective recommendations on community services development and management, formulated in compliance with the examples of Lithuania and other EU member states and intended to improve children and adolescent mental health. Based on the Mental Health Strategy Implementation and Suicide Prevention Action Plan for 2016–2020, approved by Order No. V-213, 9 February 2016, of the Republic of Lithuania Minister of Health, one of the major objectives is the promotion of public mental health and the prevention of mental disorders, the development of services of mental health care provided to the community, and the creation of a system of services that would ensure the opportunity of choice and meet the needs of patients and their families. Objective 2.2.2 of Klaipėda Region 2014-2020 Strategic Plan, approved by the Regional Development Council on 16-10-2015, seeks to improve the infrastructure of the municipal primary health care and the accessibility and quality of its services. One of the areas of strategic development in Palanga City Strategic Development Plan until 2020, approved by resolution No. T2-19, 18 February 2011, of Palanga City Municipal Council, is the improvement of the quality of life and social security. The strategic document laid out strategic aims, including an effective system of social services and healthy society. Klaipėda city strategic plan for 2013-2020, approved by resolution No. T2-79, 25 April, 2013, which aims to create Dolphin therapy center, which will provide various health services including sensory integration. This aim also is reflected in Lithuanian Sea Museum strategy for 2012-2017. One of the tasks defined in National Development Plan of Latvia for 2014-2020 is to ensure the availability of mental health care services. The plan states that one of the main causes for early mortality includes mental diseases. In planning document for acquirement of EU funds in Latvia for 2014-2020 mental health (operational programme "Growth and development") has been stated as one of priority health scopes, meaning that there must be developed special services for persons with mental health problems. In a Public Health Guidelines of Latvia for 2014.-2020 states, that in 2011 7,4% of the whole population have received help in cases of mental and behavioural disorders, but 3,7% were registered with mental illnesses and needed regular treatment. Researches of last year's shows that from different mental disorders suffers more than 1/3 of European population. And in this case it is very important to reduce stigmatization and prejudices in the society, and also to provide outpatient care and services for those persons. Also one of identified problems was that people turn for help too late and that's the reason why mental problems mainly are treated and diagnosed within inpatient care. In Development Programme for Liepaja 2014-2020 one of the main action policies are defined as healthy, active and socially protected inhabitants of Liepaja. In order to achieve this policy, the new health care services have to be developed.

Indicate how the project contributes to the following strategy and describe in what way.

Description

<p>EU Strategy for the Baltic Sea Region</p>	<p>The project contributes to the EUSBSR "Health" Policy Area. This area focuses on improving and promoting the health of people in the Baltic Sea region, including social aspects of health, as an important precondition for ensuring sustainable and healthy societies enjoying economic growth, and for containing future health and social care-related costs. Six main health-related actions have been included in the EUSBSR Action Plan (latest revised in mid-2015), 2 of them have been reflected by this project: 1. Adequately address health needs of chronically ill patients and needs related to demographic changes. Various and modern psychosocial healthcare services will be developed during the implementation of the project. The population is getting older in the territory of the program. The aging of the population is directly related with the growth of the number of people with disabilities (mental and physical). That is why the reason to search for the health care services based on the scientific studies with the positive effect on health has been stimulated the preparation of the project. 2. Reduce social and health harm from alcohol, tobacco and illicit use of drugs. The use of psychoactive substance is often associated with the inability to cope with stress or pressure. The main task of the project is to reduce the social and health care isolation on the bases on scientifically proven methods. It would help people to return to their normal life.</p>
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C.3.2 Innovative approach

Please describe whether the project proposes innovative solutions and brings new knowledge to the region and project partners.

Sensory needs and sensory issues occurs in every medical case with psychiatric disorder. The biggest issue is that neither Latvia nor Lithuania carry out sensory evaluation and correction. Sensory integration programs (prepared individual sensory diets) are evidenced as successful clinical treatments that do not cure sensory disorders, but may help to organise sensory information in proper brain structures and thus ensure more effective output (the behaviour of a person in a particular situation, such as higher tolerance, less clowning, more active motor behaviour, less clumsiness, etc.). Sensory disorders can be directly related to violence, suicide, maladaptive responses and behaviours, development of mental disorders, or inappropriate behaviour. Therefore, professionals and experts have to take responsibility for:

- the development of diagnostic methods for children and adults suffering from mental and behavioural disorders of sensory issues.
- methodological programmes for children and adults suffering from mental and behavioural disorders on sensory issues.
- raising the awareness of professionals in the recognition of sensory issues of children and adults suffering suffering from mental and behavioural disorders.

Therefore, the novelty of the programme could be the development of methodological material in the Latvian and Lithuanian languages for the successful sensory integration of professionals intervening children and adults suffering from psychiatric and behavioral disorders. For a year, dolphin-assisted therapy as part of the holistic therapy, including sensory integration, has been applied in the Lithuanian Sea Museum. To promote the application of the multisensory integration method in Palanga Health Care Centre, innovative RehaCom cognitive therapy will be adopted and applied. RehaCom has evolved since its launching in the 1990's to enhance the therapists' efficiency and effectiveness in implementing cognition training. It is used by 95% of German rehabilitation clinics and meets treatment needs in the cases of TBI, stroke, MS, schizophrenia, and other cognitive functional disorders.

C.3.3 Knowledge

How does the project build on available knowledge and existing results and practices?]

Please describe how the project builds on available knowledge, and how it utilises previous studies, experiences and lessons learnt from the project theme

During the project implementation, different methodologies will be developed: the methodology of evaluation of sensory integration disorders in the Latvian and Lithuanian languages for professionals working with children and adults suffering from mental and behavioural disorders, as well as a testing instrument for the programme implementation. Sensory integration is essential for patients who are unable to understand and interpret the sensory input from the environment. The sensory integration theory was developed in the 1960's. The main intervention techniques and research were applied to children with behavioural problems, later expanded in application to children and adults suffering from various mental and behavioural problems. Generally, sensory integration is the organisation of senses for use. Usually in daily life, sensory integration "just happens", and people are not thinking about it, because that is an unconscious process of our brain. However, when a person experiences problems in organizing information detected by the brain, problems occur in daily life. The processed information does not attach any meaning to what is happening. The neurological system of senses takes all information from outside (the environment) and inside (the human body) and organises all those inputs into successful end products, such as the ability to concentrate, the ability to organize, self-esteem, self-control, self-confidence, the academic learning ability, the capacity of abstract thought and reasoning, and specialization of each side of the body and the brain. The target group of the project are children and adults suffering from mental and behavioural disorders (F00-F99). The majority of patients suffer from tactile, proprioceptive, or vestibular disorders. Sensory disorders usually disorganise patients and their family life, the patients are generally described as violent, with low motivation and low self-control, angry, and they need hospitalization. However, in case of sensory disorders, such descriptions can have a sensory background: patients can be over-responsive and defensive against sensory inputs. Provided sensory integration is applied without neuropsychological knowledge, the patient can be seriously harmed. However, proper sensory diets for such patients result in significant improvement of individual and family quality of life. The observed changes in mental patients after at least 10 sensory integration sessions for 45 minutes each include: increased awareness of the environment, improved posture and gait patterns, improved motivation and enjoyment, improved tolerance, improved appearance and personal hygiene, a realistic plan for every day, improved attention span, improved decision-making skills, improved community involvement and coping skills.

C.4 Horizontal principles

Please indicate which type of contribution to horizontal principles applies to the project, and justify the choice.		
Horizontal principles	Description of the contribution	Type of contribution
Sustainable development (environment)	The project outcomes will make a positive contribution to the sustainable development of the Programme area. The developed and implemented innovative treatment methodologies, well-equipped innovative, contemporary, environmentally-friendly sensory integration rooms will meet the needs of the current generation and create better quality of life for both the current and the future generations. The implementation of new social services in the Programme area and the adoption of best practices will have positive economic, ecological and social effects. The communication of the project team will be based on the "green" principle, as the information related to the project activity implementation will circulate among the participants via e-mail, phone, and fax, rather than in the paper form.	positive
Equal opportunity and non-discrimination	The project outcomes secure equal access to new opportunities for all border region people, and especially for socially excluded groups, such as children and adults with mental and behavioral disorders, and they improve accessibility to health care services for social groups that previously could not obtain those services. During the project, the infrastructure of the partner institutions will be improved. Repair works will follow universal design principles.	positive
Equality between men and women	The results of the project will be used by representatives of all target groups, despite their sex, race, ethnical origin, religion or faith, age, disability level or sexual orientation. The project makes a positive contribution to the equal opportunities policy. Men and women are granted equal rights and responsibilities, equal access to project outputs, and equal opportunities to use them.	positive

C.5 Work plan per work packages

Type: Preparation

WP Nr	WP Title	WP Start date	WP End date	WP Budget
P	Preparation	02.2018	02.2018	1 000.00
Partner involvement				
Partners involved				
Summary description and objective of the work package				
<p>Project lead partner - Palangos asmens sveikatos prieziuros centras carried out preparation activities in period between April 2017 until to May 2017 in order to prepare project application:</p> <ul style="list-style-type: none"> - Organization of the 2 meetings - Translation of the application text (some parts that information was available only in Latvian and Lithuanian languages - statistics, etc.) - Preparation of the application form - 3 staff members worked during preparation of the application. - Development of technical specifications that are needed to justify Investment WP. - Travell to international meetings to Latvia - 2 times. 				

Type: Management

WP Nr	WP Title	WP Start date	WP End date	WP Budget
M	Management	12.2018	11.2020	60 534.07
WP responsible partner		Palangos asmens sveikatos priežiūros centras		
Partner involvement				
Partners involved	Name: Palanga Health Care Centre Role: LP			
	Name: Kurzeme Role: PP			
	Name: Lithuanian Sea Museum Role: PP			
	Name: Seaside Hospital Role: PP			
Describe how the management on the strategic and operational level will be carried out in the project, specifically:				
<ul style="list-style-type: none"> • Structure, responsibilities, procedures for the day-to-day management and co-ordination; • Communication within the partnership; • Reporting; • Indication whether project management will be subcontracted; • Explanation how the equipment for project management purpose will be used and by which project partners. 				
Project management model is constructed according to internationally recognized PRINCE2 instrument. 3 different levels will be established: 1. Directing - Project Board; 2. Managing - Project Management group (PMG); 3. Delivering - Project Delivery group (PDG). Directing: The Project Board is responsible for the overall direction and management of the project within the constraints set out by corporate or programme management. The Project Board is accountable for the success of the project. As part of directing the project, the Project Board will: Approve all major plans and resources Authorize any deviation that exceeds or is forecast to exceed stage tolerances Approve the completion of each stage and authorize the start of the next stage Communicate with other stakeholders Project board will consist from both organizations directors. Managing The Project Management group is responsible for the day-to-day management of the project within the constraints set out by the Project Board. The Project Manager's prime responsibility is to ensure that the project produces the required products in accordance with the time, cost, quality, scope, risk and benefit performance goals. Project will have Senior Project manager form LP and Project manager from PP. For both managers in this level will be assisted by project financist one from LP and one from PP. Delivering While the Project Manager is responsible for the day-to-day management of the project, team members or PDG are responsible for delivering the project's products to an appropriate quality within a specified timescale and cost. In both organizations head of department (senior teacher will be responsible for delivering products. Some products will be subcontracted.				
Please describe activities and deliverables within the work package				
Activity Number	Activity Title	Activity Start Date	Activity End Date	
Activity M.1	Establishment of project management bodies and procedures for project implementation	12.2018	12.2018	
Project management will be Organized in 3 levels: Project Board, Project management group (PMG) and Project Delivery Group (PDG). Project coordination and management system will be set up in signed Partnership agreement. Responsible - LP.				
Deliverable Number	Deliverable Title	Deliverable Description	Deliverable Targetvalue	Deliverable Delivery Date
Deliverable M.1.1	Signed Partnership agreement	Partnership agreement will be signed during the project kick-off meeting. The LP will be responsible for preparation and signing the Partnership agreement.	1.00	12.2018
Activity Number	Activity Title	Activity Start Date	Activity End Date	
Activity M.2	Organisation of project kick-off meeting in Lithuania	12.2018	12.2018	
In February 2018 the project kick-off meeting will be organised, during which project management bodies, project coordination and management and monitoring system will be established. Responsible-LP.				
Deliverable Number	Deliverable Title	Deliverable Description	Deliverable Targetvalue	Deliverable Delivery Date

Deliverable M.2.1	Minutes of the project kick-off meeting prepared	Kick-off meeting organised. The LP will be responsible for organisation of the kickoff meeting.	1.00	12.2018
Activity Number	Activity Title	Activity Start Date	Activity End Date	
Activity M.3	Project 12 months period monitoring meeting in Lithuania	11.2019	11.2019	
In February 2019 project 12 months period monitoring meeting will be organised, during which project partners will report for carried out activities and its deliverables and will plan in detail work packages that has to be done in 2019. Members form all 3 groups will participate. Responsible - LP.				
Deliverable Number	Deliverable Title	Deliverable Description	Deliverable Targetvalue	Deliverable Delivery Date
Deliverable M.3.1	Minutes of the project 12 months period monitoring meeting prepared.	Project 12 months period monitoring meeting organised. The LP will be responsible for organisation of the meeting.	1.00	11.2019
Activity Number	Activity Title	Activity Start Date	Activity End Date	
Activity M.4	Project 18 months period monitoring meeting in Latvia	05.2020	05.2020	
In August 2019 project 18 months period monitoring meeting will be organised, during which project partners will report for carried out activities and its deliverables for the period and will plan in detail work packages that has to be done by the end of the project. Members form all 3 groups will participate. Responsible - PP2.				
Deliverable Number	Deliverable Title	Deliverable Description	Deliverable Targetvalue	Deliverable Delivery Date
Deliverable M.4.1	Minutes of the project 18 months period monitoring meeting prepared.	Project 18 months period monitoring meeting organised. The PP2 will be responsible for organisation of the meeting.	1.00	05.2020
Activity Number	Activity Title	Activity Start Date	Activity End Date	
Activity M.5	Project monitoring final meeting in Lithuania	11.2020	11.2020	
In January 2020 Project monitoring final meeting will be organized, during which project partners will finalize project and achieved results. Also partners will represent durability and transferability plans. Responsible - LP.				
Deliverable Number	Deliverable Title	Deliverable Description	Deliverable Targetvalue	Deliverable Delivery Date
Deliverable M.5.1	Minutes of the project monitoring final meeting prepared.	Project monitoring meeting organised. The LP will be responsible for organisation of the meeting.	1.00	11.2020
Activity Number	Activity Title	Activity Start Date	Activity End Date	
Activity M.6	Project coordination and management	12.2018	11.2020	
During this activity PMG will coordinate, administrate and manage the project activities to ensure that they are carried out effectively and successfully. Activities include ensuring coordination and communication within the partnership and also organization of project meetings required for synchronise project activities. Responsible - LP and all PP.				
Deliverable Number	Deliverable Title	Deliverable Description	Deliverable Targetvalue	Deliverable Delivery Date
Deliverable M.6.1	Succesfully implemented all project activities	Succesfully implemented project activities.	11.00	11.2020
Deliverable M.6.2	Financial control report from Lithuanian partners	For LP and PP3 financial control will be carried out as stated in Programme rules.	2.00	11.2020

Activity Number	Activity Title	Activity Start Date	Activity End Date	
Activity M.7	Project reporting	12.2018	11.2020	
During this activity project reports will be prepared and for Secretariat and both partners CEO. Progress reporting is an essential activity of project management. The PMG will issues regular reports on progress against budget, schedule and scope. Responsible - LP.				
Deliverable Number	Deliverable Title	Deliverable Description	Deliverable Targetvalue	Deliverable Delivery Date
Deliverable M.7.1	Project reports	4 project reports will be prepared and reported to Secretariat.	4.00	11.2020
Activity Number	Activity Title	Activity Start Date	Activity End Date	
Activity M.8	Participating in Programme trainings/events	12.2018	11.2020	
To ensure best PMG knowledge on LATLIT programme, PMG members will participate in 3 Programme training events during which project implementation issues, good and bad experiences, will be discussed, financial control and reporting issues, etc. Responsible - LP and all PP.				
Deliverable Number	Deliverable Title	Deliverable Description	Deliverable Targetvalue	Deliverable Delivery Date
Deliverable M.8.1	Certificate of attendance	PMG members will participate in 3 different programme training/events.	3.00	11.2020

Type: Implementation

WP Nr	WP Title	WP Start date	WP End date	WP Budget
T1	Psychosocial and sensory integration rehabilitation programs	01.2019	10.2020	462 799.77
WP responsible partner		Palanga Health Care Centre		
Partner involvement				
Partners involved		Name: Palanga Health Care Centre Role: LP		
		Name: Kurzeme Role: PP		
		Name: Lithuanian Sea Museum Role: PP		
		Name: Seaside Hospital Role: PP		
Summary description and objectives of the work package including explanation of how partners will be involved.				
<p>The objective of this work package is - improve social services by creating psychosocial and sensory integration rehabilitation programmes and purchase the equipment for tailoring needs of cross border target groups. The objective shall be achieved by the implementation of the following activities:</p> <ul style="list-style-type: none"> • developing of a methodology for the evaluation of sensory integration disorders (Responsible- LP); • developing an instrument in accordance with neuropsychological symptoms to be used in rehabilitation centres by professionals planning to apply sensory integration (Responsible- PP4); • adopting and applying the new RehaCom cognitive therapy in order to enhance the results of the sensory integration therapy (Responsible- LP); • equipping six sensory integration rooms and one outdoor therapy playground oriented towards the improvement of the state of patients with mental and behavioural disorders (Responsible - LP, PP2, PP3, PP4). <p>All project partners will contribute to this work package activities implementation, especially developing of methodology and instrument. All partners will provide information about patients and their diseases. Biggest input to the project will provide specialists from Lithuania Sea Museum, which have hands-on experience in field of sensory rehabilitation. It's planned to purchase an equipment for sensory integration therapy, which will be owned by Project partners. They will be responsible for the maintenance after the end of the project. From investment in equipment will benefit: partners, Project regions, end users (patients) etc.</p>				

Please describe project main outputs that will be delivered based on the activities carried out in this work package. For each project main output a Programme output indicator should be chosen. Please note that they need to have the same measurement unit. If project main output does not directly contribute to Programme output indicator, please put "0" for project main output quantity. !!! Project has to contribute to at least one Programme output indicator.

Project main output		Describe your project main output	Choose a programme indicator to which the project main output will contribute	Measurement unit	Quantify your distribution	Delivery Date
T1.1	RehaCom cognitive therapy instrument	Adopted and applied the new RehaCom cognitive therapy in order to enhance the results of the sensory integration therapy in Palanga Health Care center.	Created/improved social inclusion measures	Number	1.00	09.2019
T1.2	Sensory integration	Created Sensory integration in 4 Partners' Institutions.	Created/improved social inclusion measures	Number	4.00	11.2020

Target groups per main outputs

Who will use the main outputs	<ul style="list-style-type: none"> infrastructure and (public) service provider
How will you involve target groups (and other shareholders) in the development of the project main outputs?	Specialists from 4 Project partners (i.e. public service providers) will be involved in implementation of all project activities, especially in developing of methodology and instrument. The communication of the project team will be based on the "green" principle, as the information related to the project activity implementation will circulate among the participants via e-mail, phone.

Please describe activities and deliverables within the work package

Activity Number	Activity Title	Activity Start Date	Activity End Date
Activity T1.1	Development of methodology for the evaluation of sensory integration disorders	01.2019	10.2019

Methodology for the evaluation of sensory integration disorders in the Latvian and Lithuanian languages for professionals who work with children and adults suffering from mental and behavioural disorders will be developed. Project of specification for developing of methodology is prepared (The Document is attached). Tendering procedure will be provided by LP. Responsible- LP.

Deliverable Number	Deliverable Title	Deliverable Description	Deliverable Targetvalue	Deliverable Delivery Date
Deliverable T1.1.1	Methodology	Methodology for the evaluation of sensory integration disorders in the Latvian and Lithuanian languages for professionals who work with children and adults suffering from mental and behavioural disorders developed and available on LP webpage. Responsible – LP.	1.00	10.2019

Activity T1.2	Development of an instrument in accordance with neuropsychological symptoms for applying of sensory integration.	05.2019	10.2020
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Instrument in accordance with neuropsychological symptoms to be used in health care and rehabilitation centers by professionals planning to apply sensory integration will be developed. It will be prepared in the Latvian and Lithuanian languages. Project of specification for developing of instrument is prepared (The Document is attached). It will be adjusted according to the information provided by all project partners. Information will be acquired during therapies with patients. Tendering procedure will be provided by PP4. Responsible- PP4.

Deliverable Number	Deliverable Title	Deliverable Description	Deliverable Targetvalue	Deliverable Delivery Date
Deliverable T1.2.1	Instrument	Instrument in accordance with neuropsychological symptoms for applying of sensory integration in the Latvian and Lithuanian languages developed and available on PP4 webpage. Responsible –PP4.	1.00	10.2020
Activity T1.3	Purchase of server licence and equipment for adopting and applying of RehaCom cognitive therapy in Palanga Health Care Center.	05.2019	09.2019	

Rehacom server licence with 24 exercise modules and screening module, computers (2), monitors (2), Rehacom patient keyboards (2), 2 furniture sets (1 set - 1 table, 1 chair) for the LP will be purchased which will be used for adopting and applying the new RehaCom cognitive therapy. The RehaCom cognitive therapy is planned only for Lead partner taking into account the data of Palanga Mental Health Centre patients. The principal diseases of the patients (about 70 percent) include dementia (retirement age), schizophrenia, TBI, stroke, head injury, MS and other cognitive functional disorders. Therefore the applying of The RehaCom cognitive therapy in LP institution is very relevant. The Project's partners don't plane to implement RehaCom therapy because partner institutions are planning to purchase other (different) instruments for simmlar functions (sensory integration equipment with visual stimulation). Project's partners are not mirroring functions during this project but have holistic view towards different approaches. Also RehaCom is a medical instrument which must be applied only under medical supervision and in the institution with medical licence not social care. 5 representatives from LP, who will be involved in RehaCom therapy implementation, such as Director of LP institution, project coordinator, mental health nurse, kinesitherapist and psychologist will take part on study visit to manufacturer office in Magdeburg (Germany). This study visit will be organised for better improving of the knowledge's of RehaCom therapy. Responsible-LP.

Deliverable Number	Deliverable Title	Deliverable Description	Deliverable Targetvalue	Deliverable Delivery Date
Deliverable T1.3.1	Rehacom server licence and equipment	Equipment (Rehacom server licence with 24 exercise modules and screening module, computers, monitors, Rehacom patient keyboards) for the LP purchased. Responsible-LP	1.00	09.2019
Deliverable T1.3.2	Furniture sets	Furniture (tables, chairs) for the LP purchased. Responsible-LP	2.00	09.2019

Deliverable T1.3.3	Study visit report	Visited manufacturer office (Magdeburg, Germany) for study of Rehacom cognitive therapy. Study visit in Germany by 5 representatives from LP (Director of LP institution, project coordinator, mental health nurse, kinesiologist and psychologist). Responsible - LP.	1.00	09.2019
Activity T1.6	Purchase of the equipment for sensory integration rooms in SSCC "Kurzeme"	01.2019	04.2019	
Laptop, Giant Maxi Bubble Tube, Laser Sky Projector and other equipment (detailed list of equipment is attached to the project application) for the two PP2 sensory integration rooms will be purchased which will be used for sensory integration therapy in SSCC "Kurzeme". Responsible-PP2				
Deliverable Number	Deliverable Title	Deliverable Description	Deliverable Targetvalue	Deliverable Delivery Date
Deliverable T1.6.1	Equipped rooms	Equipment (Laptop, Giant Maxi Bubble Tube, Laser Sky Projector etc.) for the two PP2 sensory integration rooms purchased. Responsible-PP2.	2.00	04.2019
Activity T1.7	Purchase of the equipment for sensory integration rooms and outdoor therapy playground in SIA "Piejūras slimnīca"	01.2019	07.2019	
Giant Maxi Bubble Tube, Laser Sky Projector and other equipment (detailed list of equipment is attached to the project application) for the two PP4 sensory integration rooms (one room is only for children, which are in hospital, and one - for adults and children, which are outpatients) and for one outdoor therapy playground for children will be purchased which will be used for sensory integration therapy in SIA "Piejūras slimnīca". Responsible-PP4.				
Deliverable Number	Deliverable Title	Deliverable Description	Deliverable Targetvalue	Deliverable Delivery Date
Deliverable T1.7.1	Equipped rooms	Equipment (Giant Maxi Bubble Tube, Laser Sky Projector etc.) for the two PP4 sensory integration rooms and one outdoor therapy playground purchased. Responsible-PP4.	3.00	07.2019
Activity T1.8	Purchase of the equipment for sensory integration room in Lithuanian Sea Museum	01.2019	04.2019	
Hand-held monitoring device for non-vital physiological parameters, dance bags, universal swing and other equipment (detailed list of equipment is attached to the project application) for the one PP3 sensory integration room will be purchased. Equipment will be used for sensory integration therapy in Lithuania Sea Museum Dolphin Therapy center. Responsible-PP3.				
Deliverable Number	Deliverable Title	Deliverable Description	Deliverable Targetvalue	Deliverable Delivery Date

Deliverable T1.8.1	Equipped rooms	Equipment (Hand-held monitoring device for non-vital physiological parameters, dance bag, Universal swing etc.) for the one PP3 sensory integration room purchased. Responsible-PP3.	1.00	04.2019
Activity T1.9	Purchase of the equipment for sensory integration room in Palanga Health Care Center	02.2019	05.2019	
Laptop, Biometrics E-Link computer system, Neuro-orthopedic and multifunctional ergotherapy system, Giant Maxi Bubble Tube, Laser Sky Projector and other equipment (detailed list of equipment is attached to the project application) for the one LP sensory integration room will be purchased which will be used for sensory integration therapy in Palanga Health Care Center. Responsible-LP.				
Deliverable Number	Deliverable Title	Deliverable Description	Deliverable Targetvalue	Deliverable Delivery Date
Deliverable T1.9.1	Equipped rooms	Equipment (Giant Maxi Bubble Tube, Laser Sky Projector etc.) for the one LP sensory integration room purchased. Responsible-LP.	1.00	05.2019

Type: Implementation

WP Nr	WP Title	WP Start date	WP End date	WP Budget
T2	Pilot testing and verification	10.2019	10.2020	71 300.90

WP responsible partner Palanga Health Care Centre

Partner involvement

Partners involved	Name: Palanga Health Care Centre Role: LP
	Name: Kurzeme Role: PP
	Name: Lithuanian Sea Museum Role: PP
	Name: Seaside Hospital Role: PP

Summary description and objectives of the work package including explanation of how partners will be involved.

The objective of this work package is - foster usage of new advanced and innovative methods in cross border area.
The objective shall be achieved by the implementation of the following activities:

- improving the competencies of specialists in the basics of neuropsychology and advising them in choosing sensory programmes for specific cases (Responsible - LP, PP2, PP3, PP4);
- pilot testing and verification of psychosocial and sensory rehabilitation programmes in the cross border area (Responsible - LP, PP2, PP3, PP4).

During the meetings partners will also agree on how to participate in each other's trainings and testings of patients.

Please describe project main outputs that will be delivered based on the activities carried out in this work package. For each project main output a Programme output indicator should be chosen. Please note that they need to have the same measurement unit. If project main output does not directly contribute to Programme output indicator, please put "0" for project main output quantity. !!! Project has to contribute to at least one Programme output indicator.

Project main output	Describe your project main output	Choose a programme indicator to which the project main output will contribute	Measurement unit	Quantify your distribution	Delivery Date
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Target groups per main outputs	
Who will use the main outputs	<ul style="list-style-type: none"> • infrastructure and (public) service provider • Other
How will you involve target groups (and other shareholders) in the development of the project main outputs?	Agreements on the testing participation will be signed with several patients. Information about patients testing will be provided on web page. Specialists of project partner's institutions will be involved in training procedure. Some interview with specialists of other health care centres or experts will be taken. Patients will be invited to visit sensor integration rooms and share information with others.

Please describe activities and deliverables within the work package

Activity Number	Activity Title	Activity Start Date	Activity End Date
Activity T2.1	Training of specialists	10.2019	10.2020

8 trainings for improving of the competencies of specialists in the basics of neuropsychology and working with new created instrument (in choosing sensory programmes for specific cases) will be organised. 4 Trainings in Lithuania: 2 in Palanga (10 specialists) and 2 in Klaipeda (5 specialists). 4 Trainings in Latvia: 2 in Liepaja (10 specialists) and 2 in Ilgi (12 specialists). This Activity is related with activities T1.1. and T.1.2., because the same experts, who will develop a methodology and an instrument, will train the specialists. Responsible – LP, PP2, PP3, PP4. This Activity is related with activities A.T.1.1. and A.T.1.2., because the same experts will train the specialists.

Deliverable Number	Deliverable Title	Deliverable Description	Deliverable Targetvalue	Deliverable Delivery Date
Deliverable T2.1.1	Trained specialists in Lithuania and Latvia.	Specialist for patients testing in Lithuania and Latvia trained. Responsible - LP, PP2, PP3, PP4.	37.00	10.2020

Activity T2.2	Patients testing in Lithuania and Latvia	11.2019	10.2020
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Patients (children and adults suffering from mental and behavioural disorders) from trained specialists will be tested in newly equipped sensory integration rooms. By patients testing will be used new created instrument. 94 patients (adults) will be tested from 3 Palanga Health Care Centre specialists. 75 patients (children) will be tested from 3 Lithuanian Sea Museum specialists. 94 patients (adults) will be tested from 2 SSCC "Kurzeme" specialists. 880 patients (children) and 880 (adults) will be tested from 2 SIA "Piejūras slimnīca" specialists. Responsible – LP, PP2, PP3, PP4.

Deliverable Number	Deliverable Title	Deliverable Description	Deliverable Targetvalue	Deliverable Delivery Date
Deliverable T2.2.1	Tested patients in Lithuania and Latvia.	Patients from Lithuania and Latvia tested. Responsible – LP, PP2, PP3, PP4.	2 023.00	10.2020

Type: Investment

WP Nr	WP Title	WP Start date	WP End date	WP Budget
I1	Works for improved accesability	01.2019	07.2019	43 621.98

WP responsible partner Palanga Health Care Centre

Partner involvement

Partners involved	Name: Palanga Health Care Centre Role: LP
	Name: Seaside Hospital Role: PP

Summary investment

The objective of this work package is - improve social inclusion measutes by creating infrastructure for sensory integration and Rehacom cognitive therapy. The objective shall be achieved by the implementation of the following activities:

- Improvement of the infrastructure for sensory integration in Palanga Health Care Center (Responsible - LP).
- Creating of outdoor therapy playground in SIA "Piejūras slimnīca" (Responsible - PP4).

Two project patners will contribute to this work package by implementing activities. The specialists from Lithuania Sea Museum, which have hands-on experience in field of sensory rehabilitation, will provide consultations.

Justification

Please provide the following information: Explain the need for investment to achieve project objectives and results; Provide detailed description of planned (re)construction works that includes as a minimum description of current situation justifying the need of works that can be supplemented with photo evidence and cost estimates which should be provided in section "Attachments"; Describe clearly the cross border relevance of the investment and explain who is benefiting (e.g. partners, regions, end-users etc.) from this investment and in what way.

In order to achieve the Project objectives and results it's necessary to make investments in Partners infrastructure. It's vital, because sensory integration needs special environment with special equipment that is tailored to suit recommendations for patients. It's also very important to stress, that each disease requires different approach and different tactics, also - different equipment. Its very important as sensory integration is build on senses. Room for sensory integration can be installed only after infrastructure repair (LP) and outdoor therapy playground (PP4) are done. From investment in equipment will benefit: partners as they will have new infrastructure, Project regions and end users (patients) which will be able to use new infrastructure and new services.

Location of the investment

Location of the physical investment
 Nuts0: LT, LIETUVA
 Nuts1: LT0, Lietuva
 Nuts2: LT00, Lietuva
 Nuts3: LT003, Klaipėdos apskritis

The improved infrastructure for sensory integration will take place in Vytauto st. 92, Palanga (Lithuania). The created outdoor therapy playground will take place in SIA "Piejūras slimnīca" (Jūrmalas iela 2, Liepāja, Latvia).

Risks associated with the investment

Description of the risks associated with the investment, go/no-go decisions, etc. (if any)

Main risks might be: 1. Complicated public procurement procedures. Partners will hire expert in public procurement in order to prepare unequivocal specifications and will ensure that buying procedures implemented smoothly. 2. Schedule of works takes more then expected. Partners plans to accomplish investments by end of 2018, as 2019 will be dedicated for joint testing. 3. Low quality of works. Partners will set high requirements for contractors staff and experience. Also additional instruments will be used: assurance, fines and guaranty.

Investment documentation

Please list all relevant technical documentation needed for the investment according to the respective national legislation and attach it to this application form or submit to JS according to section 6.1 of the Programme manual.

The documentation for repair works (work estimates) and creating of outdoor therapy playground in SIA "Piejūras slimnīca" are attached to this application form and submitted to JS.

Ownership

Who owns the site where the investment is located? Are there ownership and/or usage rights or lease rights for lease period covering planned project duration and according to requirements set in section 7.4. "Closure and durability of the project results" subsection "Durability and ownership of project results" of the Programme manual? Who will retain ownership of the investment at the end of the project? Who will take care of maintenance of the investment? How will this be done?

All real estate where investments will be made are owned by project partners or by state. After the end of the project ownership will retain for project partners. Each partner will be responsible for his investment, as it will become part of his real estate and will be connected to services (i.e. project main outputs) provided by staff.

Please describe project main outputs that will be delivered based on the activities carried out in this work package. For each project main output a Programme output indicator should be chosen. Please note that they need to have the same measurement unit. If project main output does not directly contribute to Programme output indicator, please put "0" for project main output quantity. !!! Project has to contribute to at least one Programme output indicator.

Project main output	Describe your project main output	Choose a programme indicator to which the project main output will contribute	Measurement unit	Quantify your distribution	Delivery Date
I1.1	Infrastructure for sensory integration therapy	Created and improved the infrastructure for sensory integration therapy.	Created/improved social inclusion measures	Number	0.00 07.2019

Target groups per main outputs				
Who will use the main outputs		<ul style="list-style-type: none"> • Other 		
How will you involve target groups (and other stakeholders) in the development of the project main outputs?		<p>In this work package 2 investments will be done. They will be used by patients and their families and also by Project partners staff. All investments will be used for improving accessibility of social inclusion measures. According to best practice, senior user should always participate while creating project product, together with senior supplier and executive (in this case - LP). LP has involved senior users in creating infrastructure (interviews have been carried out with LP3 and doctors in general) in order to meet their requirements, also with senior suppliers, which consulted project partners about works and equipment.</p>		
Durability of project main outputs				
How will the project main outputs be further used once the project has been finalised? Please describe concrete measures (including eg. institutional structures, financial sources etc.) taken during and after project implementation to ensure the durability of the project main outputs. If relevant, please explain who will be responsible and/or the owner of the output. NB. Take note of rules governing ownership of outputs linked to investments (items of infrastructure) in line with Art 71 CPR.		Project main outputs will become an integral part of services provided in project partner institutions. All partners will appoint qualified staff to look after the infrastructure, will allot money from health insurance funds, will hire additional staff to work in this infrastructure and to provide services at highest standards as possible. Each partner will be responsible for its investment.		
Please describe activities and deliverables within the work package				
Activity Number	Activity Title	Activity Start Date	Activity End Date	
Activity I1.1	Improvement of the infrastructure for sensory integration in Palanga Health Care Center	01.2019	05.2019	
The infrastructure for sensory integration in Palanga Health care Center will be improved. It will be repaired a room for therapies. Responsible – LP.				
Deliverable Number	Deliverable Title	Deliverable Description	Deliverable Targetvalue	Deliverable Delivery Date
Deliverable I1.1.1	Tendering procedure for improvement of infrastructure	Preparation of documentation for tendering procedure. Responsible – LP.	1.00	01.02.2019
Deliverable I1.1.2	Improved infrastructure for sensory integration in Palanga Health care Center.	Signed acceptance act on improvement works of the infrastructure for sensory integration in Palanga Health Care Center. Responsible – LP.	1.00	01.05.2019
Activity Number	Activity Title	Activity Start Date	Activity End Date	
Activity I1.2	Creating of outdoor therapy playground in SIA "Piejūras slimnīca"	03.2019	07.2019	
The safety outdoor therapy playground for children and teenagers in SIA "Piejūras slimnīca" will be created. Responsible – PP4.				
Deliverable Number	Deliverable Title	Deliverable Description	Deliverable Targetvalue	Deliverable Delivery Date
Deliverable I1.2.1	Tendering procedure for creating of infrastructure	Preparation of documentation for tendering procedure. Responsible – PP4.	1.00	01.04.2019
Deliverable I1.2.2	Created safety outdoor therapy playground for children and teenagers in SIA "Piejūras slimnīca"	Signed acceptance act on creating works of the safety outdoor therapy playground for children and teenagers in SIA "Piejūras slimnīca". Responsible – PP4.	1.00	01.07.2019

Type: Communication

WP Nr	WP Title	WP Start date	WP End date	WP Budget
C	Communication	12.2018	11.2020	11 919.72
WP responsible partner		Palanga Health Care Centre		
Partner involvement				
Partners involved		Name: Palanga Health Care Centre Role: LP		
		Name: Kurzeme Role: PP		
		Name: Lithuanian Sea Museum Role: PP		
		Name: Seaside Hospital Role: PP		
Summary description and objectives of the workpackage including explanation of how will partners be involved of activities carried out and contribution of each partner.				
<p>As this project is very unique and deals with very common issues, communication WP is important part of the project. WP Communication will be carried by all partners, but LP will be responsible for coordinating this WP and its activities. Communication activities are set to disseminate and promote achieved project main outputs and results to project target groups, relevant stakeholders and general public.</p> <p>LP will be responsible for preparing communication plan and for regular writing and dissemination of press releases and publication of articles in both countries. PP2 will be responsible for disseminating information about project in its website and also for preparing one presentation in final conference. PP3 will be responsible for disseminating information about project in its website and also for preparing one presentation in final conference. PP4 will be responsible for disseminating information about project in its website and also for preparing one presentation in final conference.</p>				

Project specific objectives	Communication objectives - What can communications do to reach a specific project objective?	Approach/Tactics - How do you plan to reach the communication objective?		
To create holistic evidence-based psychosocial and sensory rehabilitation program in mental health and establish infrastructure tailoring needs of cross border target groups	Increase knowledge	For the first project specific objective it's very important to increase knowledge of specialists working in all project partner institutions. Its vital for the project Communication activities to be tailored to specialists in order to increase their knowledge in new methods and techniques and to encourage use them in daily work.		
	Change behaviour	Project seeks to change behavior of specialists that are working in field of therapies and also to change behavior of patients. New methods will be introduced and tested during second year of the project which should help change behavior of specialists and patients in order to use new approaches and to minimize resistance and stereotypes.		
To foster the collaborative usage of new advanced and innovative methods synchronically with conventional medicine in cross border area	Increase knowledge	If first specific objective is oriented to therapy specialists while learning and creating programmes, this specific objective aims at foster usage of new advanced and innovative methods in cross border area. It means that project seeks to increase knowledge of all therapists that are working in this field In Latvia and Lithuania. Communication should reach its target audience and to impart the knowledge of these specialists.		
	Influence attitude	Project also seeks to foster valuable changes in health sector as sensory integration becomes more and more popular in Western Europe. So communication should aim at influencing attitude of key persons - doctors, therapists, other medical staff, who are responsible for dealing with patients and their families and healing them.		
Please describe activities and deliverables within the work package				
Activity Number	Activity Title	Activity Start Date	Activity End Date	
Activity C.1	Start-up activities including communication	12.2018	12.2018	
During this activity simplified communication plan will be prepared. It will be presented and approved at the project kick-off meeting. Responsible - LP. Also all partners will inform about the project in their web pages. Responsible - PP2, PP3, PP4.				
Deliverable Number	Deliverable Title	Deliverable Description	Deliverable Targetvalue	Deliverable Delivery Date
Deliverable C.1.1	Communication plan	Prepared simplified communication plan that will sum up at which project stage what information must be communicated and to what target audience. Responsible -LP, PP2, PP3, PP4.	1.00	12.2018
Activity Number	Activity Title	Activity Start Date	Activity End Date	
Activity C.2	Publication(s)	01.2019	11.2020	
During this activity publications will be prepared. Responsible - LP, PP2, PP3, PP4. Project partners will create and print 4 articles about the project activities and results in specific Lithuanian and Latvian health journals. 2 publications in the middle of the project, 2 in the end of the project. Responsible - LP, PP3, PP4. During the project implementation will be released 4 press releases in Latvia and Lithuania. Responsible - LP, PP2, PP3, PP4. Also all partners will inform about the project in their websites. Responsible - LP, PP2, PP3, PP4.				

Deliverable Number	Deliverable Title	Deliverable Description	Deliverable Targetvalue	Deliverable Delivery Date
Deliverable C.2.1	Articles in popular media	Project partners will create and print articles about the project activities and results in popular Lithuanian and Latvian media. Responsible -LP, PP2, PP3, PP4.	8.00	11.2020
Deliverable C.2.2	Press releases	4 press releases in Latvia and Lithuania will be released during project implementation. Responsible - LP, PP2, PP3, PP4.	4.00	11.2020
Deliverable C.2.3	Publications in specific media	4 articles about the project activities and results will create and print in specific Lithuanian and Latvian health journals. Responsible - LP, PP3, PP4.	4.00	11.2020
Activity Number	Activity Title	Activity Start Date	Activity End Date	
Activity C.3	Public Event(s)	10.2020	11.2020	
The conference will be organized by LP on the end of the project. The final conference will take place in Palanga (Lithuania). Duration - 8 hours. About 50 participants from Lithuania and Latvia. At final conference will discuss project results and will raise importance of applying Sensory integration and other innovative methods in health sector. Responsible - LP.				
Deliverable Number	Deliverable Title	Deliverable Description	Deliverable Targetvalue	Deliverable Delivery Date
Deliverable C.3.1	Final conference	Final conference (duration - 8 hours) in Palanga will be organised. Responsible - LP.	1.00	11.2020
Activity Number	Activity Title	Activity Start Date	Activity End Date	
Activity C.4	Promotional materials	12.2018	11.2020	
During this activity informative posters will be prepared (A3 size). The posters will be hanged in premises of each project partner organisations. Also each organization will create roll-ups as they are perfect informative material that can be used in conferences, events due to their mobility. Responsible - LP, PP2, PP3, PP4. LP will create 7 billboards of significant size (A4 size) to all project partners (1 for LP, 2 for PP2, 1 for PP3, 3 for PP4). Responsible - LP. All equipment will be labelled with the Programme logo. Responsible - LP, PP2, PP3, PP4.				
Deliverable Number	Deliverable Title	Deliverable Description	Deliverable Targetvalue	Deliverable Delivery Date
Deliverable C.4.1	Informative posters	LP will create, print and hand over informative posters to all project partners.	4.00	01.2019
Deliverable C.4.2	Roll-up	All project partners will create informative Roll-ups about the project aim and activities. Responsible -LP, PP2, PP3, PP4.	4.00	02.2019
Deliverable C.4.3	Labelled equipment	All equipment will be labelled with the Programme logo. Will be made 1 set of stickers. Responsible - LP, PP2, PP3, PP4 and equipment providers.	1.00	07.2019

Deliverable C.4.4	Billboard	LP will create 7 billboards of significant size (A4 size) to all project partners (1 for LP, 2 for PP2, 1 for PP3, 3 for PP4). It will be done no later than three months after the completion of the installation of sensory integration rooms and outdoor therapy playground. Responsible - LP.	7.00	07.2019
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Activity Number	Activity Title	Activity Start Date	Activity End Date
Activity C.5	Digital activities	12.2018	11.2020

The project will communicate its results by using Facebook due to its interactivity and possibility to reach wider public. ins to the existing social media accounts of the project will appear in the project section on the Programme website.

Deliverable Number	Deliverable Title	Deliverable Description	Deliverable Targetvalue	Deliverable Delivery Date
Deliverable C.5.1	Information in special section of the programme website.	Regular update of information in special section of the programme website. Responsible - LP.	1.00	11.2020
Deliverable C.5.2	Information about the project on websites of each project partners	All project partners will put regular information about the project on their websites. Responsible - LP, PP2, PP3, PP4.	4.00	11.2020
Deliverable C.5.3	Social media	Regular upload of the project information about main project events/milestones. Responsible - LP, PP2, PP3, PP4.	4.00	11.2020

C.5.1 Target groups

Target group/-s	Please further specify the target group/s (e.g., bilingual elementary schools, environmental experts, etc.).	Target value Please indicate the size of the target group you will reach.
infrastructure and (public) service provider	Specialists (psychiatrists, psychologists, mental health nurses, physical therapists etc.) from 4 Project partners (i.e. public service providers).	37.00
Other	Tested patients (children and adults suffering from mental and behavioral disorders) by new created instrument in newly equipped sensory integration rooms in Latvia and Lithuania.	2 023.00

C.5.2 Periods

Period Number	Duration (month)	Start Date	End Date	Reporting Date
0	9	01.03.2018	01.12.2018	30.11.2020
1	6	01.12.2018	31.05.2019	31.08.2019
2	6	01.06.2019	30.11.2019	29.02.2020
3	6	01.12.2019	31.05.2020	31.08.2020
4	6	01.06.2020	30.11.2020	28.02.2021

C.6 Activities outside the Union part of the programme area

If applicable, please list activities to be carried out outside (the Union part of) the programme area. Describe how these activities will benefit the programme area. What is the added value of activities to be carried out outside (the Union part of) programme area? If applicable, please list the relevant activities and describe how they will benefit the programme area.

N/A	
Total budget of activities to be carried out outside (the Union part of) the programme area (indicative)	0.00

ERDF	(indicative)	0.00
	% of total (indicative) ERDF	0.00

PART D - Project Budget

D.1 Project budget per co-financing source (fund) - breakdown per partner

Project partner		ERDF co-financing, EUR			National co-financing			Total Eligible Budget
Partner Abbreviation	Country	ERDF	ERDF co-financing rate	Percentage of Total ERDF	Public co-financing	Private co-financing	Total co-financing	
LP_1	LIETUVA	167 254.55	85.00 %	30.22 %	29 515.51	0.00	29 515.51	196 770.06
PP_2	LATVIJA	87 966.53	85.00 %	15.89 %	15 523.51	0.00	15 523.51	103 490.04
PP_3	LIETUVA	113 051.87	85.00 %	20.42 %	19 950.33	0.00	19 950.33	133 002.20
PP_4	LATVIJA	185 227.02	85.00 %	33.46 %	32 687.13	0.00	32 687.13	217 914.15
Sub-total For Partners Inside		553 499.97	--	100.00 %	97 676.48	0.00	97 676.48	651 176.45
Sub-total For Partners Outside		0.00	--	0.00 %	0.00	0.00	0.00	0.00
Total		553 499.97	--	100,00 %	97 676.48	0.00	97 676.48	651 176.45

D.2 Project budget - overview per partner/ per budget line

Partner Abbreviation	Co-financing Source	Staff costs	Office and administration	Travel and accomodation	External expertise and services	Equipment	Infrastructure and works	Total Budget	Net Revenue	Total Eligible
LP_1	ERDF	35 080.00	5 262.00	4 853.00	59 996.00	68 100.45	23 478.61	196 770.06	0.00	196 770.06
PP_2	ERDF	13 788.80	2 068.32	1 414.00	760.00	85 458.92	0.00	103 490.04	0.00	103 490.04
PP_3	ERDF	22 386.84	3 357.93	848.00	4 308.41	102 101.02	0.00	133 002.20	0.00	133 002.20
PP_4	ERDF	49 959.20	7 493.88	1 092.98	50 760.00	96 205.86	12 402.23	217 914.15	0.00	217 914.15
Total		121 214.84	18 182.13	8 207.98	115 824.41	351 866.25	35 880.84	651 176.45	0.00	651 176.45
Percentage Of Total Budget		18.61 %	2.79 %	1.26 %	17.79 %	54.04 %	5.51 %	100,00 %	0.00 % Of Total Budget	100.00 % Of Total Budget

Co-financing Source	Staff costs	Office and administration	Travel and accomodation	External expertise and services	Equipment	Infrastructure and works	Sum Financed Budget	Decreasing Net Revenue	Total Financed Budget
ERDF	121 214.84	18 182.13	8 207.98	115 824.41	351 866.25	35 880.84	651 176.45	0.00	651 176.45

D.3 Project budget - overview per partner/ per period

Partner Abbreviation	Co-financing Source	Period 0	Period 1	Period 2	Period 3	Period 4	Total Budget	Net Revenue	Total Eligible
LP_1	ERDF	1 000.00	97 506.56	68 297.50	14 047.00	15 919.00	196 770.06	0.00	196 770.06
PP_2	ERDF	0.00	87 357.97	4 765.51	5 079.28	6 287.28	103 490.04	0.00	103 490.04
PP_3	ERDF	0.00	105 078.95	3 727.67	14 778.20	9 417.38	133 002.20	0.00	133 002.20
PP_4	ERDF	0.00	8 384.90	119 538.67	19 551.80	70 438.78	217 914.15	0.00	217 914.15
Total		1 000.00	298 328.38	196 329.35	53 456.28	102 062.44	651 176.45	0.00	651 176.45
Percentage Of Total Budget		0.15 %	45.81 %	30.15 %	8.21 %	15.67 %	100,00 %	0.00 % Of Total Budget	100.00 % Of Total Budget

Co-financing Source	Period 0	Period 1	Period 2	Period 3	Period 4	Total Financed Budget
ERDF	1 000.00	298 328.38	196 329.35	53 456.28	102 062.44	651 176.45

D.4 Project budget - overview per partner/ per WP

Partner Abbreviation	Co-financing Source	WP P	WP M	WP T1	WP T2	WP I1	WP C	Total Budget	Net Revenue	Total Eligible
LP_1	ERDF	1 000.00	22 856.00	123 249.45	15 733.00	28 167.61	5 764.00	196 770.06	0.00	196 770.06
PP_2	ERDF	0.00	8 478.79	84 751.27	7 268.81	750.58	2 240.58	103 490.04	0.00	103 490.04
PP_3	ERDF	0.00	7 557.68	105 212.19	19 692.61	47.56	492.16	133 002.20	0.00	133 002.20
PP_4	ERDF	0.00	21 641.60	149 586.86	28 606.48	14 656.23	3 422.98	217 914.15	0.00	217 914.15
Total		1 000.00	60 534.07	462 799.77	71 300.90	43 621.98	11 919.72	651 176.45	0.00	651 176.45
Percentage Of Total Budget		0.15 %	9.30 %	71.07 %	10.95 %	6.70 %	1.83 %	100,00 %	0.00 % Of Total Budget	100.00 % Of Total Budget

Co-financing Source	WP P	WP M	WP T1	WP T2	WP I1	WP C	Total Financed Budget
ERDF	1 000.00	60 534.07	462 799.77	71 300.90	43 621.98	11 919.72	651 176.45

D.5 Project budget - overview per WP/ per budget line

WP Number	Staff costs	Office and administration	Travel and accomodation	External expertise and services	Equipment	Infrastructure and works	Total Budget	Net Revenue	Total Eligible
WP P	0.00	0.00	1 000.00	0.00	0.00	0.00	1 000.00	0.00	1 000.00
WP M	49 205.28	7 380.79	3 064.00	884.00	0.00	0.00	60 534.07	0.00	60 534.07
WP T1	6 572.84	985.90	3 005.00	106 028.01	346 208.02	0.00	462 799.77	0.00	462 799.77
WP T2	56 211.04	8 431.63	0.00	1 000.00	5 658.23	0.00	71 300.90	0.00	71 300.90
WP I1	4 612.84	691.90	0.00	2 436.40	0.00	35 880.84	43 621.98	0.00	43 621.98
WP C	4 612.84	691.90	1 138.98	5 476.00	0.00	0.00	11 919.72	0.00	11 919.72
Total	121 214.84	18 182.13	8 207.98	115 824.41	351 866.25	35 880.84	651 176.45	0.00	651 176.45
Percentage Of Total Budget	18.61 %	2.79 %	1.26 %	17.79 %	54.04 %	5.51 %	100,00 %	0.00 % Of Total Budget	100.00 % Of Total Budget

Co-financing Source	Staff costs	Office and administration	Travel and accomodation	External expertise and services	Equipment	Infrastructure and works	Sum Financed Budget	Decreasing Net Revenue	Total Financed Budget
ERDF	121 214.84	18 182.13	8 207.98	115 824.41	351 866.25	35 880.84	651 176.45	0.00	651 176.45

D.6 Project budget - overview per WP/ per period

WP Number	Period 0	Period 1	Period 2	Period 3	Period 4	Total Budget	Net Revenue	Total Eligible
WP P	1 000.00	0.00	0.00	0.00	0.00	1 000.00	0.00	1 000.00
WP M	0.00	15 303.51	14 663.51	15 263.51	15 303.51	60 534.07	0.00	60 534.07
WP T1	0.00	253 593.34	153 467.04	2 869.18	52 870.19	462 799.77	0.00	462 799.77
WP T2	0.00	1 576.18	11 984.83	31 321.85	26 418.02	71 300.90	0.00	71 300.90
WP I1	0.00	25 305.14	14 373.76	1 971.53	1 971.53	43 621.98	0.00	43 621.98
WP C	0.00	2 550.18	1 840.18	2 030.18	5 499.16	11 919.72	0.00	11 919.72

Co-financing Source	Period 0	Period 1	Period 2	Period 3	Period 4	Total Financed Budget
ERDF	1 000.00	298 328.38	196 329.35	53 456.28	102 062.44	651 176.45
Total EU Funds	1 000.00	298 328.38	196 329.35	53 456.28	102 062.44	651 176.45
ERDF Equivalent	0.00	0.00	0.00	0.00	0.00	0.00

D.7 In-kind contribution

Partner Abbreviation	Amount
LP_1	0,00
PP_2	0,00
PP_3	0,00
PP_4	0,00
Total	0.00
Percentage Of Total Budget	0.00 %

Co-financing Source	Amount
ERDF	0.00
Total E U Funds	0.00

Partner Budget

Name of partner organisation	Palangos asmens sveikatos priežiūros centras
Partner ID	1
National co-financing source	public
Type of partner	Public equivalent body
Co-financing source	ERDF
Outside (the Union part of) the programme area	yes

Partner Budget		
	Amount	Co-financing Rate
Programme co-financing	167 254.50	85.00
Partner contribution	29 515.56	
Partner Total Eligible Budget	196 770.06	

Origin of partner contribution (indicative)			
Source of contribution	Legal status	% of total partner contribution	Amount
Palangos asmens sveikatos priežiūros centras	public	100.00 %	29 515.51
sub-total public contribution		100.00 %	29 515.51
sub-total private contribution		0.00 %	0.00
Total		100.00 %	29 515.51
Partner Total Target Value			29 515.56

Staff costs	
Are you using the flat rate for staff costs?	No

Staff costs	Description			Unit type	WP1			
	Staff function	Type of staff	Comments		Period	No. of units	Price per unit	Total
	Project coordinator	Hourly basis		hour	Period 1	284.00	10.00	2 840.00
Period 2					284.00	10.00	2 840.00	
Period 3					284.00	10.00	2 840.00	
Period 4					284.00	10.00	2 840.00	
	Financial manager				Period 1	240.00	7.50	1 800.00
Period 2					240.00	7.50	1 800.00	
Period 3					240.00	7.50	1 800.00	
Period 4					240.00	7.50	1 800.00	
Total								18 560.00

Staff costs	Description			Unit type	WP2			
	Staff function	Type of staff	Comments		Period	No. of units	Price per unit	Total
	Project coordinator	Hourly basis		hour	Period 1	98.00	10.00	980.00
					Period 2	98.00	10.00	980.00
					Period 3	49.00	10.00	490.00
					Period 4	49.00	10.00	490.00
Total								2 940.00

Staff costs	Description			Unit type	WP3			
	Staff function	Type of staff	Comments		Period	No. of units	Price per unit	Total
	Psychologist				Period 1	1.00	0.00	0.00
		Hourly basis		hour	Period 2	40.00	7.50	300.00
					Period 3	200.00	7.50	1 500.00
					Period 4	200.00	7.50	1 500.00
	Kinesitherapist				Period 1	1.00	0.00	0.00
					Period 2	40.00	5.00	200.00
					Period 3	200.00	5.00	1 000.00
					Period 4	200.00	5.00	1 000.00
	Mental Health Nurse				Period 1	1.00	0.00	0.00
					Period 2	40.00	5.00	200.00
					Period 3	200.00	5.00	1 000.00
					Period 4	200.00	5.00	1 000.00
	Project coordinator				Period 1	49.00	10.00	490.00
					Period 2	49.00	10.00	490.00
					Period 3	49.00	10.00	490.00
					Period 4	49.00	10.00	490.00
Total								9 660.00

Staff costs	Description			Unit type	WP4			
	Staff function	Type of staff	Comments		Period	No. of units	Price per unit	Total
	Project coordinator	Hourly basis		hour	Period 1	49.00	10.00	490.00
					Period 2	49.00	10.00	490.00
					Period 3	49.00	10.00	490.00
					Period 4	49.00	10.00	490.00
Total								1 960.00

Staff costs	Description			Unit type	WP5			
	Staff function	Type of staff	Comments		Period	No. of units	Price per unit	Total
	Project coordinator	Hourly basis		hour	Period 1	49.00	10.00	490.00
					Period 2	49.00	10.00	490.00
					Period 3	49.00	10.00	490.00
					Period 4	49.00	10.00	490.00
Total								1 960.00

Office and administration costs - real costs	
Are you using the flat rate for office and administration costs?	Yes
Flat rate amount:	15.00

Travel and accomodation	Description	Unit type	WP0			
			Period	No. of units	Price per unit	Total
	Project preparation costs (lump sum)		Period 0	1.00	1 000.00	1 000.00
Total						1 000.00

Travel and accomodation	Description	Unit type	WP1			
			Period	No. of units	Price per unit	Total
	Project 18 months period monitoring meeting in Latvia		Period 1	1.00	0.00	0.00
			Period 2	1.00	0.00	0.00
			Period 3	2.00	64.00	128.00
			Period 4	1.00	0.00	0.00
	Travel expenses for 3 Lat-Lit Programme trainings or events		Period 1	2.00	120.00	240.00
			Period 2	1.00	0.00	0.00
			Period 3	2.00	120.00	240.00
			Period 4	2.00	120.00	240.00
Total						848.00

Travel and accomodation	Description	Unit type	WP2			
			Period	No. of units	Price per unit	Total
	Study visit to Germany		Period 1	1.00	0.00	0.00
			Period 2	5.00	601.00	3 005.00
			Period 3	1.00	0.00	0.00
			Period 4	1.00	0.00	0.00
Total						3 005.00

External expertise and services	Description	Unit type	WP1			
			Period	No. of units	Price per unit	Total
	Costs for financial control		Period 1	1.00	166.00	166.00
			Period 2	1.00	166.00	166.00
			Period 3	1.00	166.00	166.00
			Period 4	1.00	166.00	166.00
Total						664.00

External expertise and services	Description	Unit type	WP2			
			Period	No. of units	Price per unit	Total
	Costs for financial control		Period 1	1.00	632.00	632.00
			Period 2	1.00	777.00	777.00
			Period 3	1.00	777.00	777.00
			Period 4	1.00	777.00	777.00
	Development of methodology		Period 1	1.00	0.00	0.00
			Period 2	1.00	50 000.00	50 000.00
			Period 3	1.00	0.00	0.00
			Period 4	1.00	0.00	0.00
Total						52 963.00

External expertise and services	Description	Unit type	WP3			
			Period	No. of units	Price per unit	Total
	Costs for financial control		Period 1	1.00	106.00	106.00
			Period 2	1.00	106.00	106.00
			Period 3	1.00	106.00	106.00
			Period 4	1.00	106.00	106.00
Total						424.00

External expertise and services	Description	Unit type	WP4			
			Period	No. of units	Price per unit	Total
	Costs for financial control		Period 1	1.00	500.00	500.00
			Period 2	1.00	645.00	645.00
			Period 3	1.00	645.00	645.00
			Period 4	1.00	645.00	645.00
Total						2 435.00

External expertise and services	Description	Unit type	WP5			
			Period	No. of units	Price per unit	Total
	Costs for financial control		Period 1	1.00	40.00	40.00
			Period 2	1.00	40.00	40.00
			Period 3	1.00	40.00	40.00
			Period 4	1.00	40.00	40.00
	Final conference in Palanga		Period 1	1.00	0.00	0.00
			Period 2	1.00	0.00	0.00
			Period 3	1.00	0.00	0.00
			Period 4	1.00	2 000.00	2 000.00
	Publication of articles		Period 1	1.00	330.00	330.00
			Period 2	1.00	0.00	0.00
			Period 3	1.00	330.00	330.00
			Period 4	1.00	330.00	330.00
	Roll-up		Period 1	1.00	100.00	100.00
			Period 2	1.00	0.00	0.00
			Period 3	1.00	0.00	0.00
			Period 4	1.00	0.00	0.00
	Informative posters		Period 1	4.00	30.00	120.00
			Period 2	1.00	0.00	0.00
			Period 3	1.00	0.00	0.00
			Period 4	1.00	0.00	0.00
	Billboards		Period 1	1.00	0.00	0.00
			Period 2	7.00	20.00	140.00
			Period 3	1.00	0.00	0.00
			Period 4	1.00	0.00	0.00
Total						3 510.00

Equipment	Description	Unit type	WP1			
			Period	No. of units	Price per unit	Total
	Furniture for RehaCom cognitive therapy		Period 2	1.00	0.00	0.00
	Computer		Period 2	1.00	0.00	0.00
Total						0.00

Equipment	Description	Unit type	WP2			
			Period	No. of units	Price per unit	Total
	Equipment for sensory integration room		Period 1	1.00	36 173.45	36 173.45
			Period 2	1.00	0.00	0.00
			Period 3	1.00	0.00	0.00
			Period 4	1.00	0.00	0.00
	Furniture for RehaCom cognitive therapy		Period 1	1.00	0.00	0.00
			Period 2	1.00	260.00	260.00
			Period 3	1.00	0.00	0.00
			Period 4	1.00	0.00	0.00
	Rehacom server licence and equipment		Period 1	1.00	21 417.00	21 417.00
			Period 2	1.00	0.00	0.00
			Period 3	1.00	0.00	0.00
			Period 4	1.00	0.00	0.00
	Equipment for Biometrics E-LINK system		Period 1	1.00	6 050.00	6 050.00
			Period 2	1.00	0.00	0.00
			Period 3	1.00	0.00	0.00
			Period 4	1.00	0.00	0.00
	Computer		Period 2	1.00	0.00	0.00
Total						63 900.45

Equipment	Description	Unit type	WP3			
			Period	No. of units	Price per unit	Total
	Furniture for RehaCom cognitive therapy		Period 2	1.00	0.00	0.00
	Computer		Period 1	1.00	0.00	0.00
			Period 2	3.00	1 400.00	4 200.00
			Period 3	1.00	0.00	0.00
			Period 4	1.00	0.00	0.00
Total						4 200.00

Equipment	Description	Unit type	WP4			
			Period	No. of units	Price per unit	Total
	Furniture for RehaCom cognitive therapy		Period 2	1.00	0.00	0.00
	Computer		Period 2	1.00	0.00	0.00
Total						0.00

Equipment	Description	Unit type	WP5			
			Period	No. of units	Price per unit	Total
	Furniture for RehaCom cognitive therapy		Period 2	1.00	0.00	0.00
	Computer		Period 2	1.00	0.00	0.00
Total						0.00

Infrastructure and works	Description	Unit type	WP4			
			Period	No. of units	Price per unit	Total
	Repair costs		Period 1	1.00	23 478.61	23 478.61
			Period 2	1.00	0.00	0.00
			Period 3	1.00	0.00	0.00
			Period 4	1.00	0.00	0.00
Total						23 478.61

Name of partner organisation	Kurzeme
Partner ID	2
National co-financing source	public
Type of partner	Public equivalent body
Co-financing source	ERDF
Outside (the Union part of) the programme area	yes

Partner Budget		
	Amount	Co-financing Rate
Programme co-financing	87 966.50	85.00
Partner contribution	15 523.54	
Partner Total Eligible Budget	103 490.04	

Origin of partner contribution (indicative)			
Source of contribution	Legal status	% of total partner contribution	Amount
Kurzeme	public	100.00 %	15 523.51
sub-total public contribution		100.00 %	15 523.51
sub-total private contribution		0.00 %	0.00
Total		100.00 %	15 523.51
Partner Total Target Value			15 523.54

Staff costs	
Are you using the flat rate for staff costs?	No

Staff costs	Description			Unit type	WP1			
	Staff function	Type of staff	Comments		Period	No. of units	Price per unit	Total
	Project coordinator	Hourly basis		hour	Period 1	284.00	3.33	945.72
					Period 2	284.00	3.33	945.72
					Period 3	284.00	3.33	945.72
					Period 4	284.00	3.33	945.72
	Financial manager				Period 1	240.00	3.12	748.80
					Period 2	240.00	3.12	748.80
					Period 3	240.00	3.12	748.80
					Period 4	240.00	3.12	748.80
Total								6 778.08

Staff costs	Description			Unit type	WP2			
	Staff function	Type of staff	Comments		Period	No. of units	Price per unit	Total
	Project coordinator	Hourly basis		hour	Period 1	49.00	3.33	163.17
					Period 2	49.00	3.33	163.17
					Period 3	49.00	3.33	163.17
					Period 4	49.00	3.33	163.17
Total								652.68

Staff costs	Description			Unit type	WP3			
	Staff function	Type of staff	Comments		Period	No. of units	Price per unit	Total
	Social Rehabilitator				Period 1	1.00	0.00	0.00
		Hourly basis		hour	Period 2	40.00	5.00	200.00
					Period 3	200.00	5.00	1 000.00
					Period 4	200.00	5.00	1 000.00
	Mental Health Nurse				Period 1	1.00	0.00	0.00
					Period 2	40.00	5.00	200.00
					Period 3	200.00	5.00	1 000.00
					Period 4	200.00	5.00	1 000.00
	Project coordinator				Period 1	49.00	3.33	163.17
					Period 2	49.00	3.33	163.17
					Period 3	49.00	3.33	163.17
					Period 4	49.00	3.33	163.17
Total								5 052.68

Staff costs	Description			Unit type	WP4			
	Staff function	Type of staff	Comments		Period	No. of units	Price per unit	Total
	Project coordinator	Hourly basis		hour	Period 1	49.00	3.33	163.17
					Period 2	49.00	3.33	163.17
					Period 3	49.00	3.33	163.17
					Period 4	49.00	3.33	163.17
Total								652.68

Staff costs	Description			Unit type	WP5			
	Staff function	Type of staff	Comments		Period	No. of units	Price per unit	Total
	Project coordinator	Hourly basis		hour	Period 1	49.00	3.33	163.17
					Period 2	49.00	3.33	163.17
					Period 3	49.00	3.33	163.17
					Period 4	49.00	3.33	163.17
Total								652.68

Office and administration costs - real costs	
Are you using the flat rate for office and administration costs?	Yes
Flat rate amount:	15.00

Travel and accomodation	Description	Unit type	WP1			
			Period	No. of units	Price per unit	Total
	Travel expenses for 3 Lat-Lit Programme trainings or events		Period 1	2.00	40.00	80.00
			Period 2	1.00	0.00	0.00
			Period 3	2.00	40.00	80.00
			Period 4	2.00	40.00	80.00
	Travel expenses for Project 12 months period monitoring meeting in Lithuania		Period 1	1.00	0.00	0.00
			Period 2	2.00	74.00	148.00
			Period 3	1.00	0.00	0.00
			Period 4	1.00	0.00	0.00
	Travel expenses for Project kick-off meeting in Lithuania		Period 1	2.00	74.00	148.00
			Period 2	1.00	0.00	0.00
			Period 3	1.00	0.00	0.00
			Period 4	1.00	0.00	0.00
	Travel expenses for Project monitoring final meeting in Lithuania		Period 1	1.00	0.00	0.00
			Period 2	1.00	0.00	0.00
			Period 3	1.00	0.00	0.00
			Period 4	2.00	74.00	148.00
Total						684.00

Travel and accomodation	Description	Unit type	WP5			
			Period	No. of units	Price per unit	Total
	Travel expenses for final event in Palanga		Period 1	1.00	0.00	0.00
			Period 2	1.00	0.00	0.00
			Period 3	1.00	0.00	0.00
			Period 4	20.00	36.50	730.00
Total						730.00

External expertise and services	Description	Unit type	WP5			
			Period	No. of units	Price per unit	Total
	Publication of article		Period 1	1.00	330.00	330.00
			Period 2	1.00	0.00	0.00
			Period 3	1.00	0.00	0.00
			Period 4	1.00	330.00	330.00
	Roll-up		Period 1	1.00	100.00	100.00
			Period 2	1.00	0.00	0.00
			Period 3	1.00	0.00	0.00
			Period 4	1.00	0.00	0.00
Total						760.00

Equipment	Description	Unit type	WP2			
			Period	No. of units	Price per unit	Total
	Equipment for sensory integration rooms		Period 1	1.00	84 000.69	84 000.69
			Period 2	1.00	0.00	0.00
			Period 3	1.00	0.00	0.00
			Period 4	1.00	0.00	0.00
Total						84 000.69

Equipment	Description	Unit type	WP3			
			Period	No. of units	Price per unit	Total
	Notbook		Period 1	1.00	0.00	0.00
			Period 2	1.00	1 458.23	1 458.23
			Period 3	1.00	0.00	0.00
			Period 4	1.00	0.00	0.00
Total						1 458.23

Name of partner organisation	Lietuvos jūrų muziejus
Partner ID	3
National co-financing source	public
Type of partner	Public equivalent body
Co-financing source	ERDF
Outside (the Union part of) the programme area	yes

Partner Budget		
	Amount	Co-financing Rate
Programme co-financing	113 051.70	85.00
Partner contribution	19 950.50	
Partner Total Eligible Budget	133 002.20	

Origin of partner contribution (indicative)			
Source of contribution	Legal status	% of total partner contribution	Amount
Lietuvos jūrų muziejus	public	100.00 %	19 950.33
sub-total public contribution		100.00 %	19 950.33
sub-total private contribution		0.00 %	0.00
Total		100.00 %	19 950.33
Partner Total Target Value			19 950.50

Staff costs	
Are you using the flat rate for staff costs?	No

Staff costs	Description			Unit type	WP1			
	Staff function	Type of staff	Comments		Period	No. of units	Price per unit	Total
	Project coordinator	Hourly basis		hour	Period 1	80.00	10.04	803.20
					Period 2	80.00	10.04	803.20
					Period 3	80.00	10.04	803.20
					Period 4	80.00	10.04	803.20
	Financial manager				Period 1	62.00	9.80	607.60
					Period 2	62.00	9.80	607.60
					Period 3	62.00	9.80	607.60
					Period 4	62.00	9.80	607.60
Total								5 643.20

Staff costs	Description			Unit type	WP2			
	Staff function	Type of staff	Comments		Period	No. of units	Price per unit	Total
	Project coordinator	Hourly basis		hour	Period 1	1.00	10.04	10.04
					Period 2	1.00	10.04	10.04
					Period 3	1.00	10.04	10.04
					Period 4	1.00	10.04	10.04
Total								40.16

Staff costs	Description			Unit type	WP3			
	Staff function	Type of staff	Comments		Period	No. of units	Price per unit	Total
	Kinesitherapist (1)				Period 1	1.00	0.00	0.00
		Hourly basis		hour	Period 2	40.00	8.42	336.80
					Period 3	420.00	8.42	3 536.40
					Period 4	240.00	8.42	2 020.80
	Kinesitherapist (2)				Period 1	1.00	0.00	0.00
					Period 2	40.00	7.50	300.00
					Period 3	420.00	7.50	3 150.00
					Period 4	240.00	7.50	1 800.00
	Kinesitherapist (3)				Period 1	1.00	0.00	0.00
					Period 2	40.00	7.77	310.80
					Period 3	420.00	7.77	3 263.40
					Period 4	240.00	7.77	1 864.80
	Project coordinator				Period 1	1.00	10.04	10.04
					Period 2	1.00	10.04	10.04
					Period 3	1.00	10.04	10.04
					Period 4	1.00	10.04	10.04
Total								16 623.16

Staff costs	Description			Unit type	WP4			
	Staff function	Type of staff	Comments		Period	No. of units	Price per unit	Total
	Project coordinator	Hourly basis		hour	Period 1	1.00	10.04	10.04
					Period 2	1.00	10.04	10.04
					Period 3	1.00	10.04	10.04
					Period 4	1.00	10.04	10.04
Total								40.16

Staff costs	Description			Unit type	WP5			
	Staff function	Type of staff	Comments		Period	No. of units	Price per unit	Total
	Project coordinator	Hourly basis		hour	Period 1	1.00	10.04	10.04
					Period 2	1.00	10.04	10.04
					Period 3	1.00	10.04	10.04
					Period 4	1.00	10.04	10.04
Total								40.16

Office and administration costs - real costs	
Are you using the flat rate for office and administration costs?	Yes
Flat rate amount:	15.00

Travel and accomodation	Description	Unit type	WP1			
			Period	No. of units	Price per unit	Total
	Project 18 months period monitoring meeting in Latvia		Period 1	1.00	0.00	0.00
			Period 2	1.00	0.00	0.00
			Period 3	2.00	64.00	128.00
			Period 4	1.00	0.00	0.00
	Travel expenses for 3 Lat-Lit Programme trainings or events		Period 1	2.00	120.00	240.00
			Period 2	1.00	0.00	0.00
			Period 3	2.00	120.00	240.00
			Period 4	2.00	120.00	240.00
Total						848.00

External expertise and services	Description	Unit type	WP1			
			Period	No. of units	Price per unit	Total
	Costs for financial control		Period 1	1.00	55.00	55.00
			Period 2	1.00	55.00	55.00
			Period 3	1.00	55.00	55.00
			Period 4	1.00	55.00	55.00
Total						220.00

External expertise and services	Description	Unit type	WP2			
			Period	No. of units	Price per unit	Total
	Costs for financial control		Period 1	1.00	766.00	766.00
			Period 2	1.00	766.00	766.00
			Period 3	1.00	766.00	766.00
			Period 4	1.00	767.01	767.01
Total						3 065.01

External expertise and services	Description	Unit type	WP3			
			Period	No. of units	Price per unit	Total
	Costs for financial control		Period 1	1.00	144.00	144.00
			Period 2	1.00	144.00	144.00
			Period 3	1.00	144.00	144.00
			Period 4	1.00	144.00	144.00
Total						576.00

External expertise and services	Description	Unit type	WP4			
			Period	No. of units	Price per unit	Total
	Costs for financial control		Period 1	1.00	0.35	0.35
			Period 2	1.00	0.35	0.35
			Period 3	1.00	0.35	0.35
			Period 4	1.00	0.35	0.35
Total						1.40

External expertise and services	Description	Unit type	WP5			
			Period	No. of units	Price per unit	Total
	Costs for financial control		Period 1	1.00	4.00	4.00
			Period 2	1.00	4.00	4.00
			Period 3	1.00	4.00	4.00
			Period 4	1.00	4.00	4.00
	Publication of articles		Period 1	1.00	0.00	0.00
			Period 2	1.00	0.00	0.00
			Period 3	1.00	330.00	330.00
			Period 4	1.00	0.00	0.00
	Roll-up		Period 1	1.00	100.00	100.00
			Period 2	1.00	0.00	0.00
			Period 3	1.00	0.00	0.00
			Period 4	1.00	0.00	0.00
Total						446.00

Equipment	Description	Unit type	WP2			
			Period	No. of units	Price per unit	Total
	Equipment for sensory integration room		Period 1	1.00	102 101.02	102 101.02
			Period 2	1.00	0.00	0.00
			Period 3	1.00	0.00	0.00
			Period 4	1.00	0.00	0.00
Total						102 101.02

Name of partner organisation	Piejūras slimnīca
Partner ID	4
National co-financing source	public
Type of partner	Public equivalent body
Co-financing source	ERDF
Outside (the Union part of) the programme area	yes

Partner Budget		
	Amount	Co-financing Rate
Programme co-financing	185 226.90	85.00
Partner contribution	32 687.25	
Partner Total Eligible Budget	217 914.15	

Origin of partner contribution (indicative)			
Source of contribution	Legal status	% of total partner contribution	Amount
Piejūras slimnīca	public	100.00 %	32 687.13
sub-total public contribution		100.00 %	32 687.13
sub-total private contribution		0.00 %	0.00
Total		100.00 %	32 687.13
Partner Total Target Value			32 687.25

Staff costs	
Are you using the flat rate for staff costs?	No

Staff costs	Description			Unit type	WP1			
	Staff function	Type of staff	Comments		Period	No. of units	Price per unit	Total
	Project coordinator	Hourly basis		hour	Period 1	284.00	10.00	2 840.00
					Period 2	284.00	10.00	2 840.00
					Period 3	284.00	10.00	2 840.00
					Period 4	284.00	10.00	2 840.00
	Financial manager				Period 1	240.00	7.15	1 716.00
					Period 2	240.00	7.15	1 716.00
					Period 3	240.00	7.15	1 716.00
					Period 4	240.00	7.15	1 716.00
Total								18 224.00

Staff costs	Description			Unit type	WP2			
	Staff function	Type of staff	Comments		Period	No. of units	Price per unit	Total
	Project coordinator	Hourly basis		hour	Period 1	98.00	10.00	980.00
					Period 2	98.00	10.00	980.00
					Period 3	49.00	10.00	490.00
					Period 4	49.00	10.00	490.00
Total								2 940.00

Staff costs	Description			Unit type	WP3			
	Staff function	Type of staff	Comments		Period	No. of units	Price per unit	Total
	Psychologist (1)				Period 1	1.00	0.00	0.00
		Hourly basis		hour	Period 2	140.00	7.44	1 041.60
					Period 3	700.00	7.44	5 208.00
					Period 4	700.00	7.44	5 208.00
	Psychologist (2)				Period 1	1.00	0.00	0.00
					Period 2	140.00	7.44	1 041.60
					Period 3	700.00	7.44	5 208.00
					Period 4	700.00	7.44	5 208.00
	Project coordinator				Period 1	49.00	10.00	490.00
					Period 2	49.00	10.00	490.00
					Period 3	49.00	10.00	490.00
					Period 4	49.00	10.00	490.00
Total								24 875.20

Staff costs	Description			Unit type	WP4			
	Staff function	Type of staff	Comments		Period	No. of units	Price per unit	Total
	Project coordinator	Hourly basis		hour	Period 1	49.00	10.00	490.00
					Period 2	49.00	10.00	490.00
					Period 3	49.00	10.00	490.00
					Period 4	49.00	10.00	490.00
Total								1 960.00

Staff costs	Description			Unit type	WP5			
	Staff function	Type of staff	Comments		Period	No. of units	Price per unit	Total
	Project coordinator	Hourly basis		hour	Period 1	49.00	10.00	490.00
					Period 2	49.00	10.00	490.00
					Period 3	49.00	10.00	490.00
					Period 4	49.00	10.00	490.00
Total								1 960.00

Office and administration costs - real costs	
Are you using the flat rate for office and administration costs?	Yes
Flat rate amount:	15.00

Travel and accomodation	Description	Unit type	WP1			
			Period	No. of units	Price per unit	Total
	Travel expenses for 3 Lat-Lit Programme training's or events		Period 1	2.00	40.00	80.00
			Period 2	1.00	0.00	0.00
			Period 3	2.00	40.00	80.00
			Period 4	2.00	40.00	80.00
	Travel expenses for Project 12 month's period monitoring meeting in Lithuania		Period 1	1.00	0.00	0.00
			Period 2	2.00	74.00	148.00
			Period 3	1.00	0.00	0.00
			Period 4	1.00	0.00	0.00
	Travel expenses for Project kick-off meeting in Lithuania		Period 1	2.00	74.00	148.00
			Period 2	1.00	0.00	0.00
			Period 3	1.00	0.00	0.00
			Period 4	1.00	0.00	0.00
	Travel expenses for Project monitoring final meeting in Lithuania		Period 1	1.00	0.00	0.00
			Period 2	1.00	0.00	0.00
			Period 3	1.00	0.00	0.00
			Period 4	2.00	74.00	148.00
Total						684.00

Travel and accomodation	Description	Unit type	WP5			
			Period	No. of units	Price per unit	Total
	Travel expenses for final conference in Palanga		Period 1	1.00	0.00	0.00
			Period 2	1.00	0.00	0.00
			Period 3	1.00	0.00	0.00
			Period 4	11.00	37.18	408.98
Total						408.98

External expertise and services	Description	Unit type	WP2			
			Period	No. of units	Price per unit	Total
	Development of an instrument for applying of sensory integration		Period 1	1.00	0.00	0.00
			Period 2	1.00	0.00	0.00
			Period 3	1.00	0.00	0.00
			Period 4	1.00	50 000.00	50 000.00
Total						50 000.00

External expertise and services	Description	Unit type	WP5			
			Period	No. of units	Price per unit	Total
	Publication of articles		Period 1	1.00	0.00	0.00
			Period 2	1.00	330.00	330.00
			Period 3	1.00	0.00	0.00
			Period 4	1.00	330.00	330.00
	Roll-up		Period 1	1.00	100.00	100.00
			Period 2	1.00	0.00	0.00
			Period 3	1.00	0.00	0.00
			Period 4	1.00	0.00	0.00
Total						760.00

Equipment	Description	Unit type	WP2			
			Period	No. of units	Price per unit	Total
	Equipment for sensory integration rooms and outdoor therapy playground		Period 1	1.00	0.00	0.00
			Period 2	1.00	96 205.86	96 205.86
			Period 3	1.00	0.00	0.00
			Period 4	1.00	0.00	0.00
Total						96 205.86

Infrastructure and works	Description	Unit type	WP4			
			Period	No. of units	Price per unit	Total
	Creating of outdoor therapy playground		Period 1	1.00	0.00	0.00
			Period 2	1.00	12 402.23	12 402.23
			Period 3	1.00	0.00	0.00
			Period 4	1.00	0.00	0.00
Total						12 402.23